

Stroke interventions. Why cardiologists should be involved?. Collaboration with neurologists.

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DISCLOSURE STATEMENT OF FINANCIAL INTEREST

I, Ivo Petrov, DO NOT have a financial interest/arrangement or affiliation with one or more organizations that could be perceived as
a real or apparent conflict of interest in the context of the subject of this presentation.



City Clinic Cardiovascular center Grand Opening. 12.12.2012



Endovascular experience after 6 years of work:

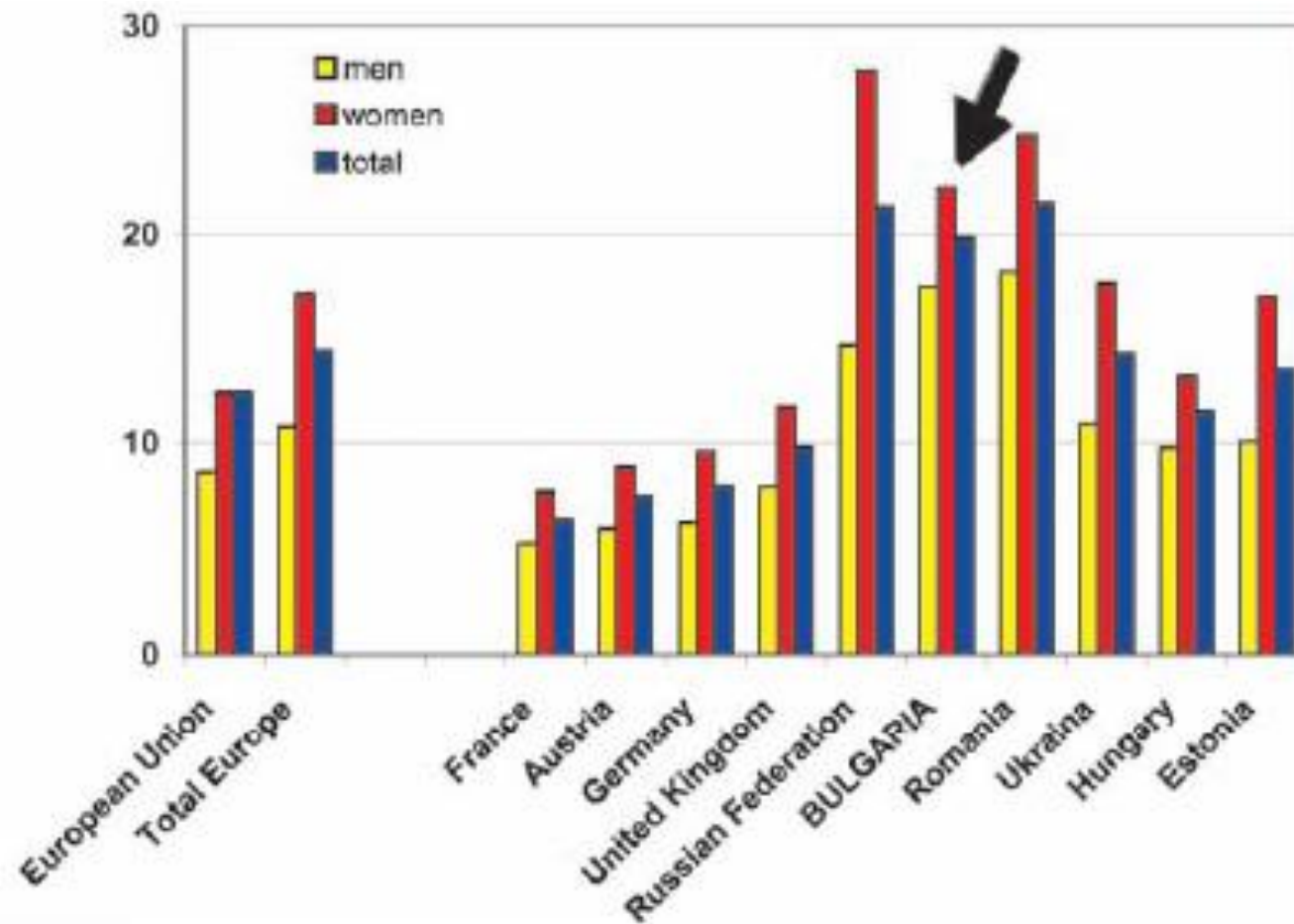
- 10820 endovascular cases (“Head to toe”) in the cathlab and the hybrid OR including:
 - CTO and Left main Coronary interventions
 - EVAR/TEVAR
 - TAVR
 - Intracranial thrombus retrieval in stroke
 - CAS and intracranial EVI (>800)
 - Radial approach for complex peripheral cases
 - Complex venous interventions (including May-Thurner, CCSVI)
 - Renal denervation



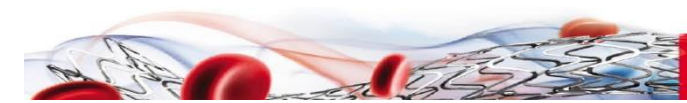
Bulgaria.Causes of death 2013



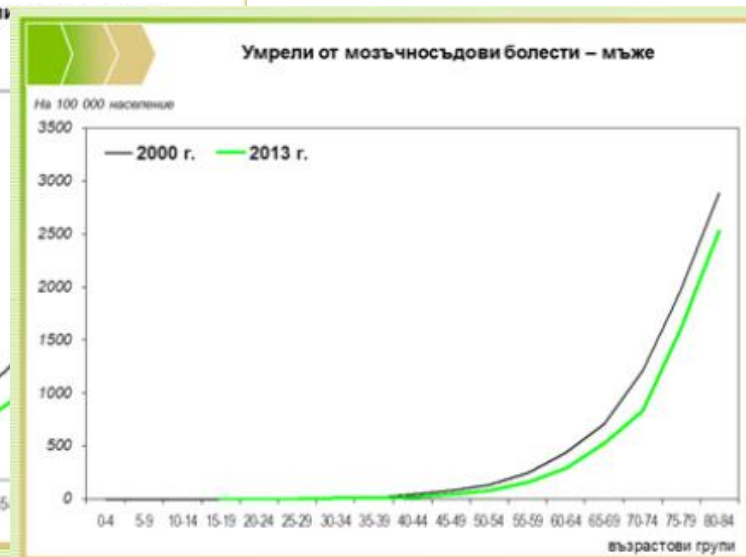
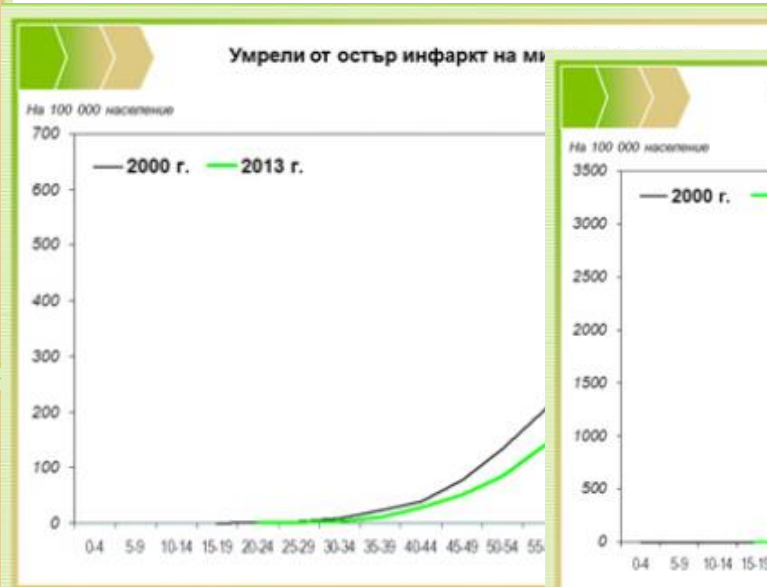
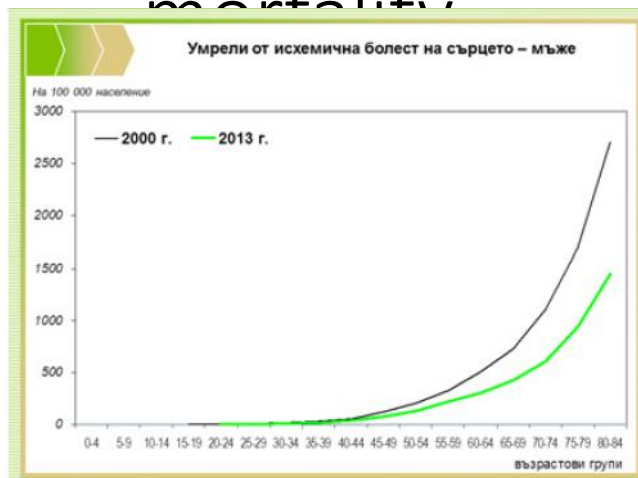
Proportion: Stroke mortality to general mortality in Bulgaria 2013



Фиг. 1. Смъртност от инсулти като процент от общата смъртност в Европа, Европейския съюз и някои от европейските страни.



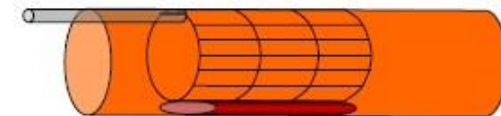
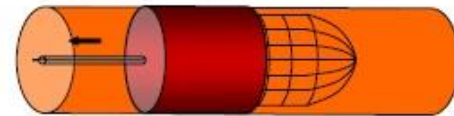
CHD in Bulgaria. Mortality trend vs Stroke



НАЦИОНАЛЕН ЦЕНТЪР ПО ОБЩЕСТВЕНО ЗДРАВЕ
И АНАЛИЗИ - Смъртност по основни причини
в Република България, бюлетин 14

Mechanical thrombectomy

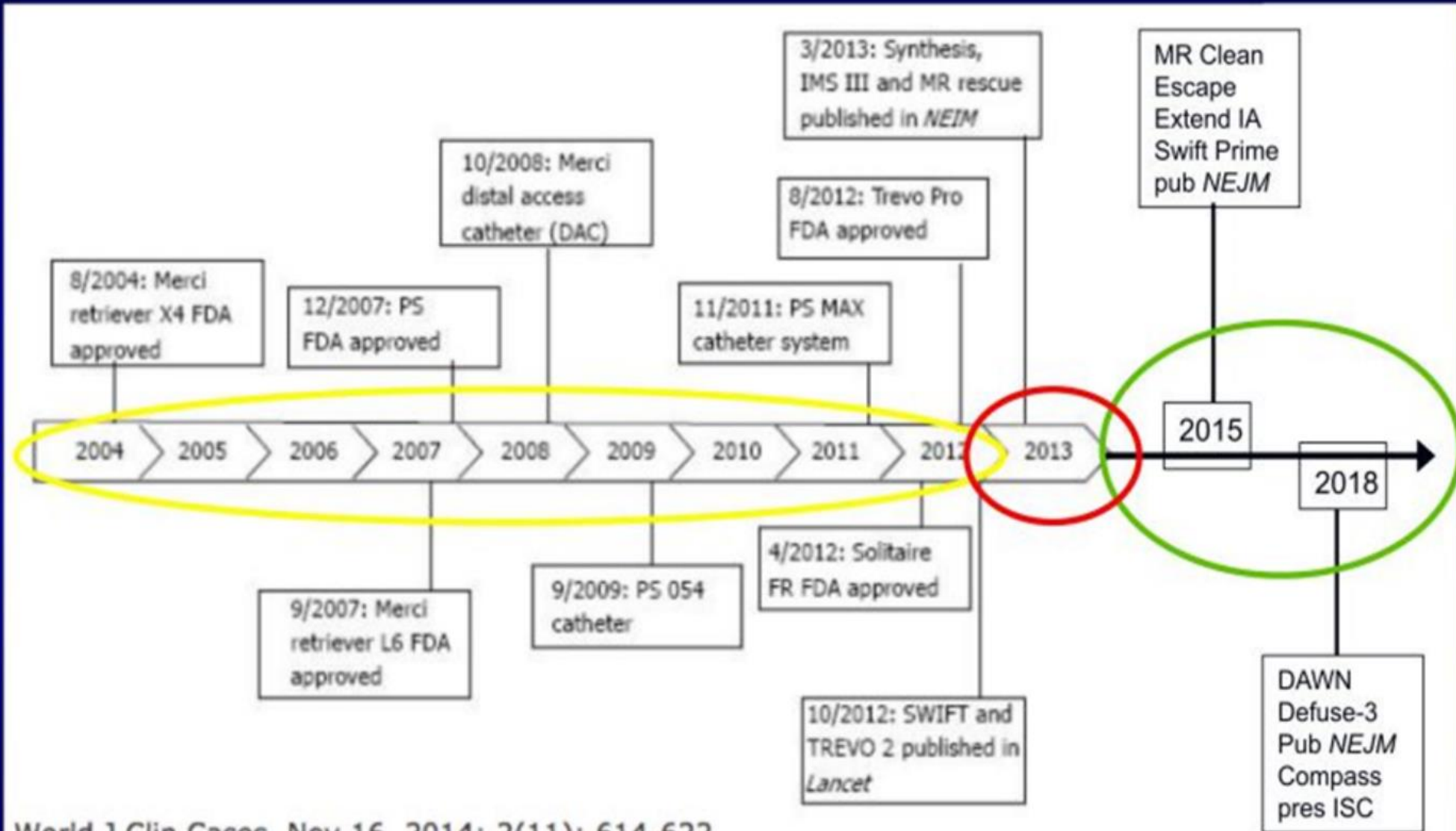
- Intraarterial thrombolysis
- Proximal thrombectomy
- Distal thrombectomy
- Mechanical recanalisation



❖ Different modalities in catheter based stroke therapy



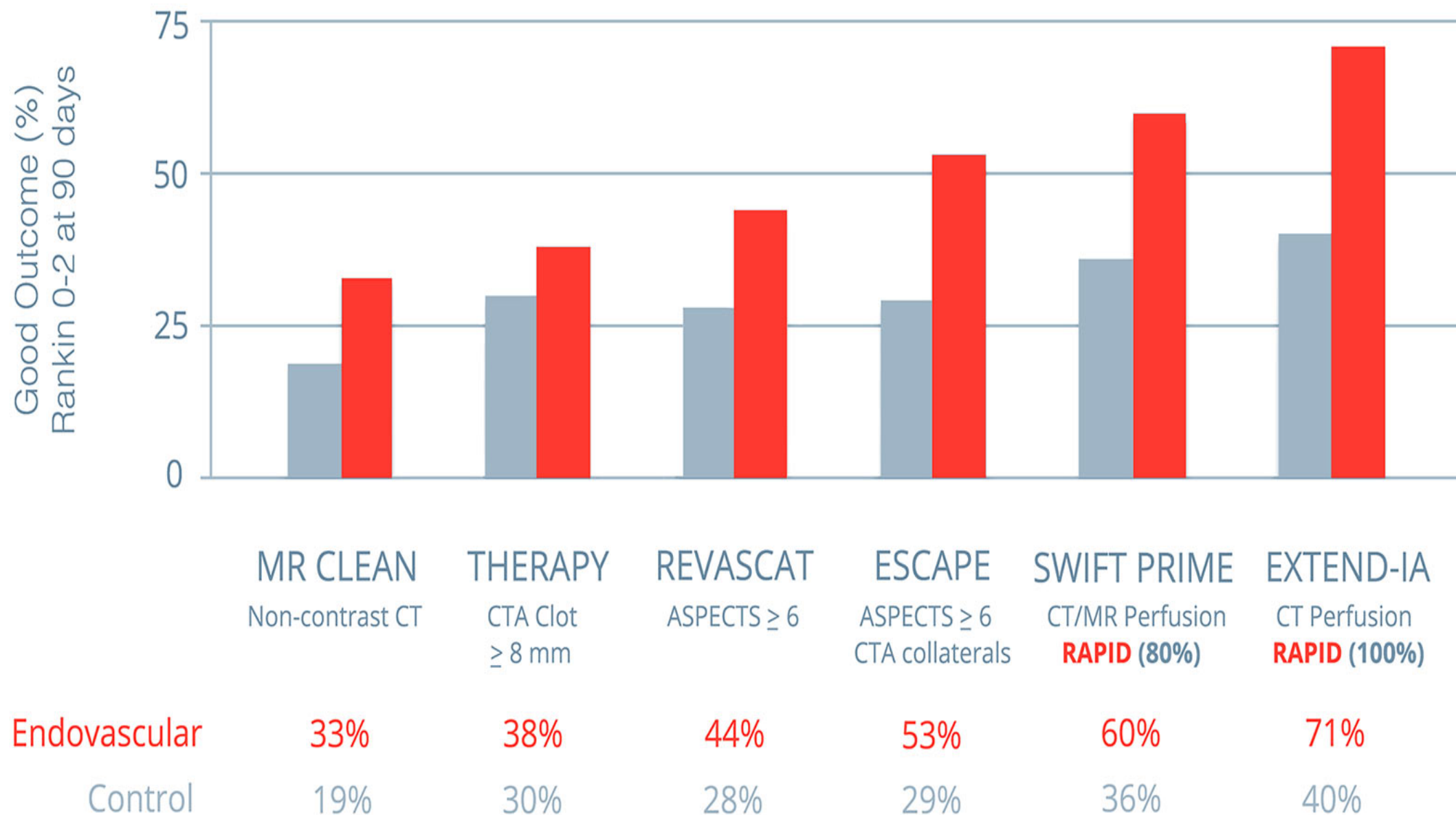
Stroke EVT Timeline



World J Clin Cases. Nov 16, 2014; 2(11): 614-622

RANDOMIZED ENDOVASCULAR TRIAL RESULTS

E 2019



2018. Stroke guidelines

2. Regional systems of stroke care should be developed. These should consist of the following: (a) Healthcare facilities that provide initial emergency care, including administration of IV alteplase, and, (b) Centers capable of performing endovascular stroke treatment with comprehensive periprocedural care to which rapid transport can be arranged when appropriate.

I

A



Time to reperfusion and mRS ≤ 2 in IMS III

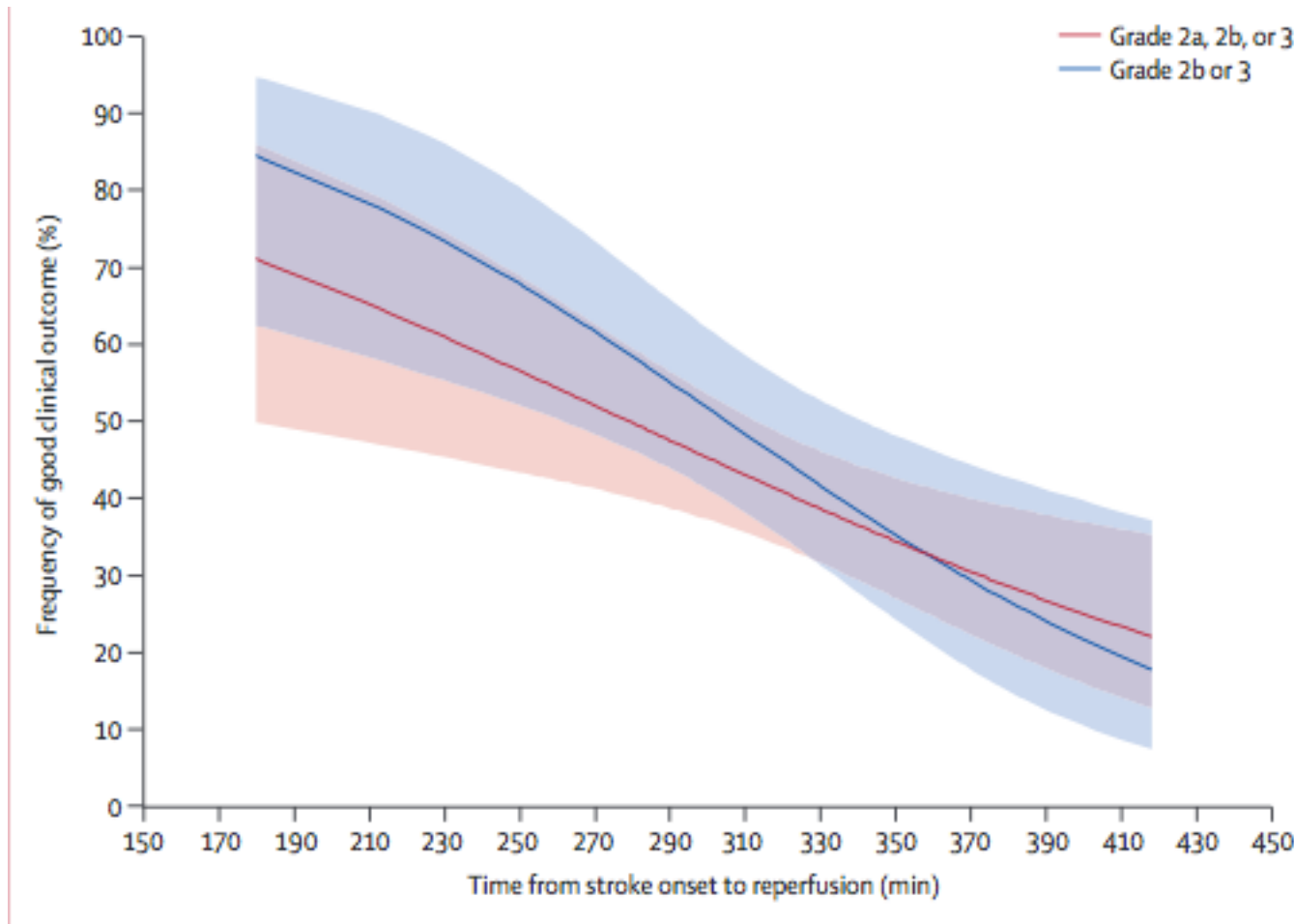


Figure 5: Probability of good clinical outcome by time as predicted by unadjusted analysis, by reperfusion status. Shaded areas show 95% CIs. Good clinical outcome was defined as a modified Rankin Scale score of ≤ 2 .

Cardiologists' experience: 3 centers registry

Petr Widimski, Goktekin.JACC,
2016

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TABLE 1 Baseline Characteristics, Time Delays, and Outcomes

Baseline clinical characteristics	
Female	37 (44)
Anterior stroke	82 (97)
Age, yrs	64.8 ± 13.8
Diabetes mellitus	25 (30)
History of hypertension	63 (75)
Clinical evidence of atherosclerosis	37 (44)
Atrial fibrillation (any type, any time)	34 (40)
History of stroke or TIA	9 (11)
Admission NIHSS	18.0 ± 4.1 (median 18, range 6–27)
Time delays: median values, min (IQR: 25–75)	
Stroke onset to CT	90 (55–145)
CT to sheath insertion	64 (24–89)
Sheath insertion to recanalization	53 (41–70)
Stroke onset to sheath insertion	165 (95–260)
Stroke onset to recanalization	236 (202–342)
Procedural data	
Intubation/general anesthesia use	24 (29)
Heparin dose, units	3,570 ± 3,800 (median 2500)
Angiographic and clinical outcomes	
Recanalization rate (TICI 2a/2b/3 flow)	62 (74)
Good neurological outcome at 90 days (mRS ≤2)	35 (42)
90-day mRS among early presenters (stroke onset to sheath insertion time <3 h)	3.15 ± 2.20 (median 2)*
90-day mRS among late presenters (stroke onset to sheath insertion time >3 h)	3.81 ± 2.11 (median 4)*
90-day mortality	27 (32)
Symptomatic intracranial hemorrhage at 7 days (%)	12 (14)

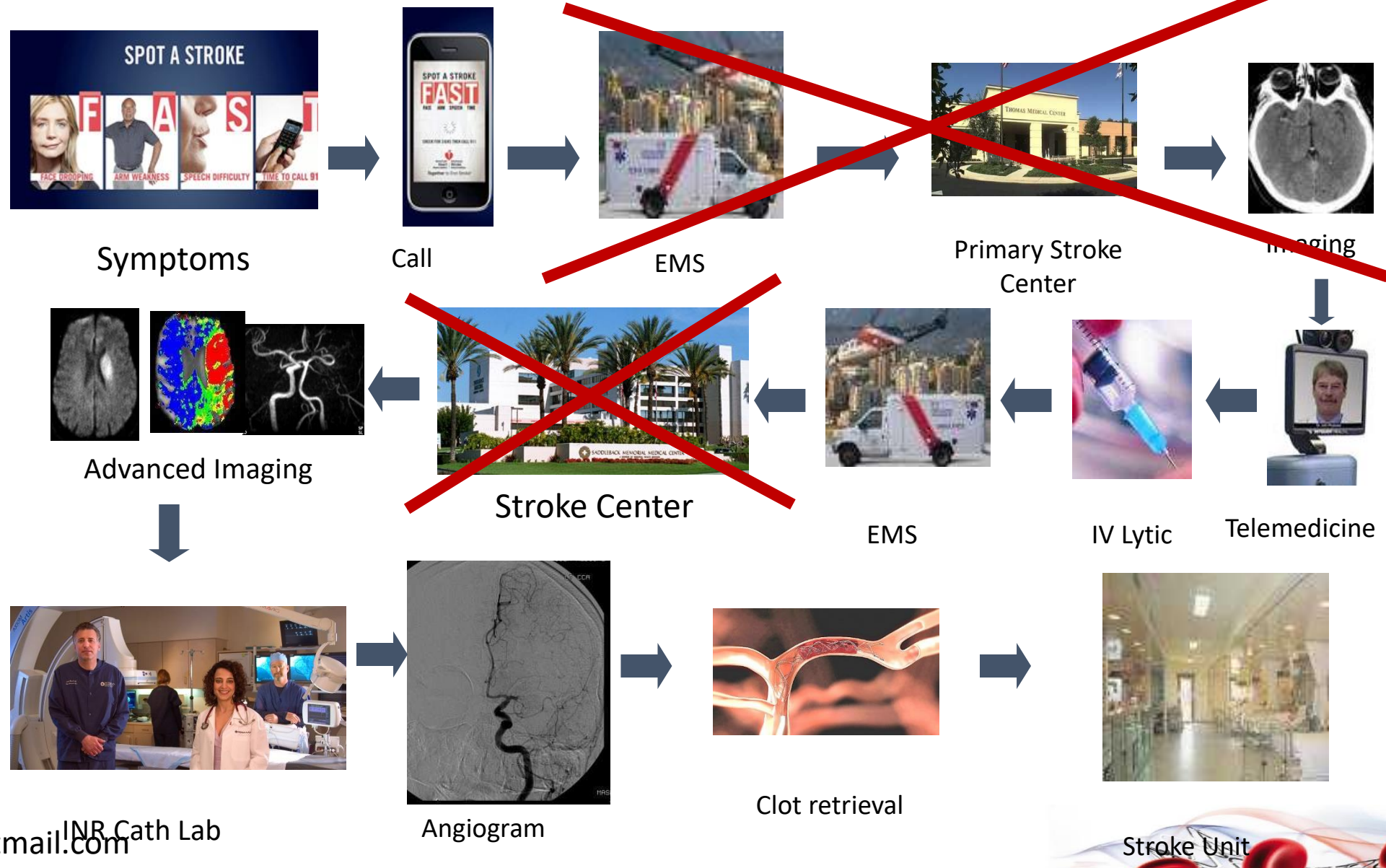
Values are n (%) or mean ± SD, unless otherwise noted. *p = 0.160.

CT = computed tomography; IQR = interquartile range; mRS = modified Rankin scale; NIHSS = National Institutes of Health Stroke Score; TIA = transient ischemic attack; TICI = Thrombolysis In Cerebral Infarction.

2019



Acute Ischemic Stroke Care Today . Time is BRAIN



Acute Ischemic Stroke Care Today . Time is BRAIN

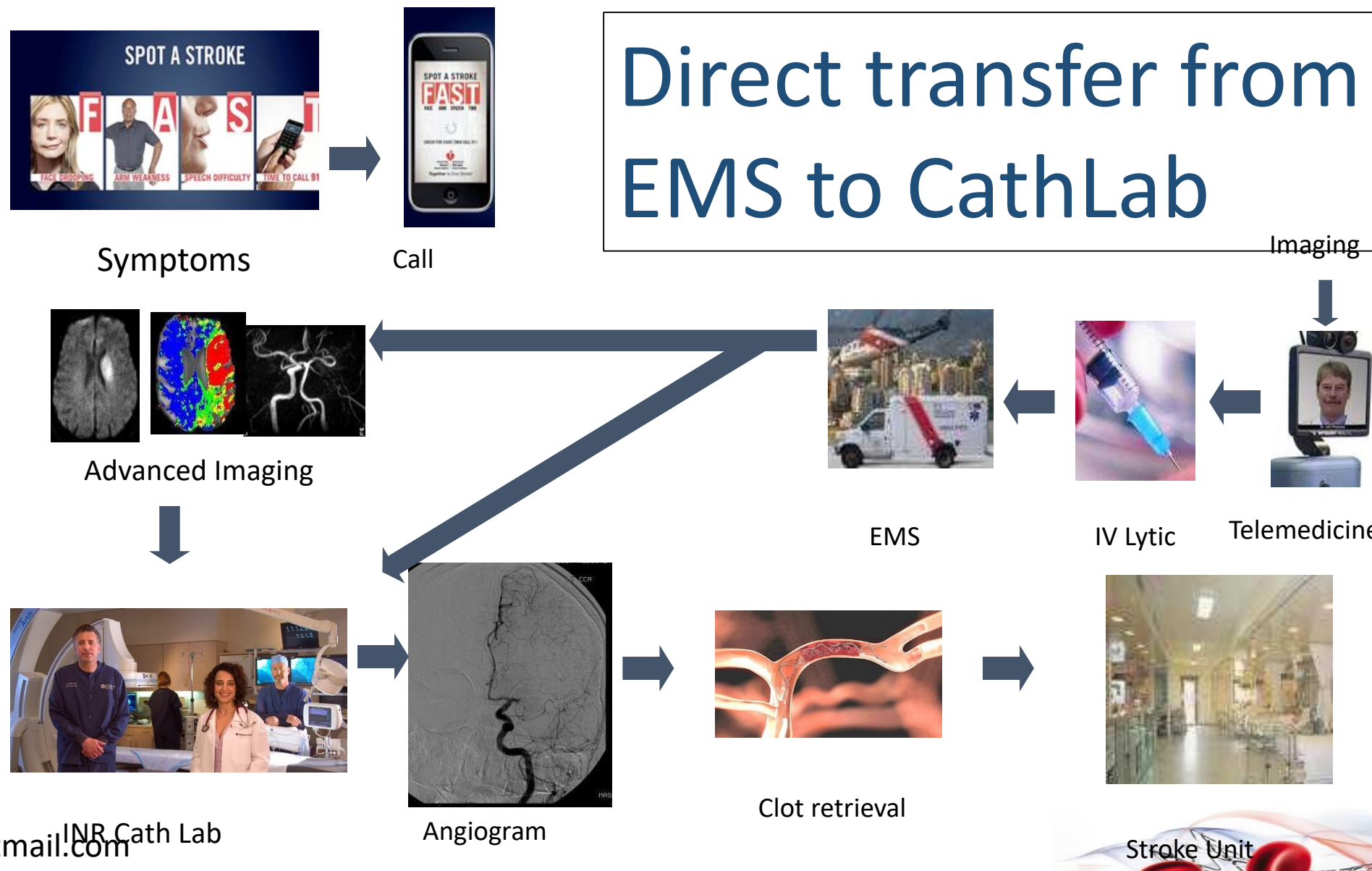


TABLE IV. Complications During Hospitalization (*n* = 26)

	<i>n</i> (%)
Intracranial hemorrhage	3 (12)
New ischemic stroke	1 (4)
Death	0 (0)
Myocardial infarction	0 (0)
Overall	4 (15)

TABLE V. Outcomes for Catheter-Based Therapy (*n* = 26)

	<i>n</i> (%)
Successful reperfusion ^a	23 (88)
Reduction in NIHSS ≥ 4 ^b	18 (69)
Mortality at 90 days	2 (8)
Modified Rankin ≤ 2 at 90 days	13 (50)

^aRestoration of flow with <50% residual stenosis and no dissection.

^bNIHSS reduction from admission to hospital discharge.

James de Vries, Chr. White, Catheterization and Cardiovascular Interventions



Cardiologists' experience in EST PRAGUE-16

Table 2. The time delays and functional outcomes.

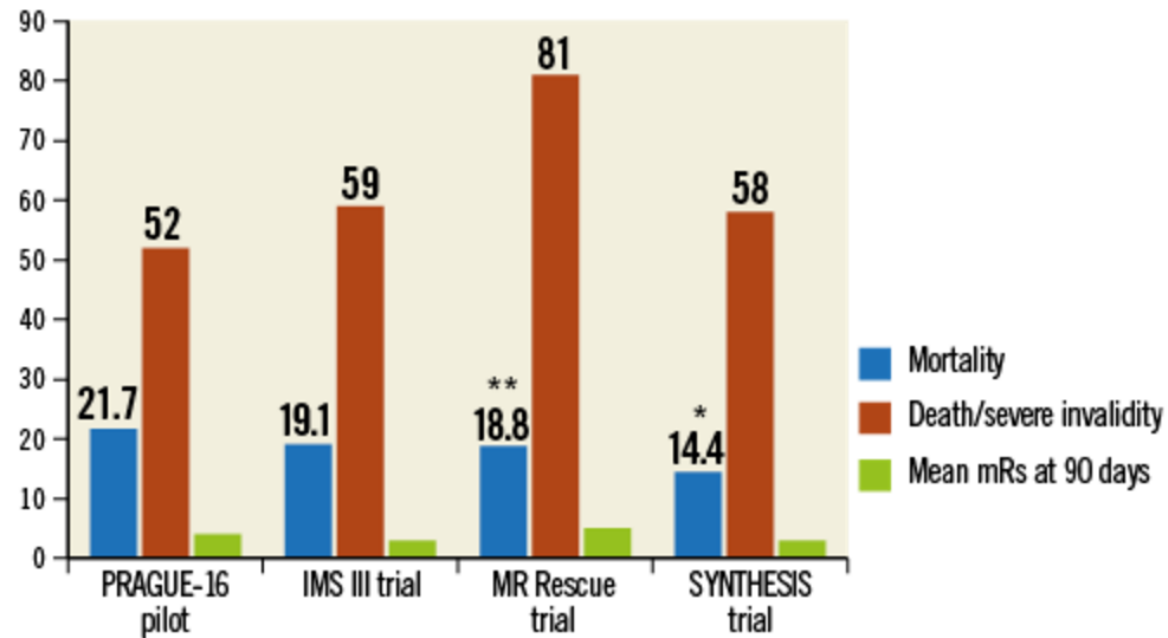
Interval	Mean (min)	Range (min)
Symptom onset - CT	81	39-337
CT - sheath	47	18-134
Sheath - reperfusion	46	17-75
Total ischaemic time (symptom onset - reperfusion)	211	111-437
Functional outcomes	Symptom - cathlab time <120 min	Symptom - cathlab time >120 min
Death or severe disability (mRs >2) at 90 days	45%	60%
Mean mRs at 90 days (all patients)	2.82	3.60
Mean mRs at 90 days (survivors only)	1.17	2.80

Petr Widimski, PRAGUE-16. Eurointervention, 2014

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Cardiologists' experience in EST PRAGUE-16



*SYNTHESIS included patients with small strokes (NIHSS ≥ 2)

**MR Rescue included patients with NIHSS > 6

Figure 3. Comparison of results of this pilot study with the endovascular treatment arms of the three largest

Petr Widimski, PRAGUE-16. Eurointervention, 2014

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ESC Council on Stroke

Council on Stroke: Who we are

- Over 1000 members worldwide
- Over 35 volunteers in the Council's **Nucleus & Board**

Council on Stroke: the origins

While effective treatment of acute myocardial infarction substantially improved the outcomes of the vast majority of patients during the last 10-15 years, acute stroke remains a major threat with high mortality and/or permanent disability. The incidence of acute stroke is similar to the incidence of acute coronary syndromes, but the outcomes of stroke patients are significantly worse. The rising body of evidence shows, that at least 30-50% (probably even more - this depends on the diagnostic approach) of ischemic strokes are caused by the heart disease (atrial fibrillation, valvular or congenital heart disease, infective endocarditis, etc.). Therefore, effective diagnosis and treatment of many heart diseases has the potential to significantly contribute to stroke prevention. Furthermore, several randomized trials recently demonstrated that immediate restoration of cerebral blood flow by combined pharmacological and mechanical (endovascular) techniques significantly improves the outcome of patients with ischemic stroke caused by a major artery occlusion.

Thus, in 2016 the European Society of Cardiology (ESC) created the **ESC Council on Stroke** as a multidisciplinary constituent body to promote the interdisciplinary cooperation, education, research on stroke with the ultimate goal of reducing the burden of cardiovascular disease in Europe.



doi:10.1093/eurheartj/ehy442

Thrombectomy for stroke by cardiologists

Cardiologists are willing to cooperate with neurologists / strokologists to help patients with acute ischemic stroke

Report from the joint session of the European Society of Cardiology (ESC) Council on Stroke and the European Association for Percutaneous Cardiovascular Interventions (EAPCI) during the EuroPCR Congress in Paris, 25 May 2018

Acute ischaemic stroke is a devastating disease with high mortality and even higher long-term (frequently permanent) severe disability. The most effective treatment of acute ischaemic stroke (when it is caused by a large artery occlusion) is known: immediate recanalization of the blocked artery by percutaneous endovascular mechanical thrombectomy (ideally immediately following of so-called 'bridging' i.v. thrombolysis, which can be given immediately after the diagnosis is established by brain imaging).

thrombectomy to a much broader population of stroke patients worldwide—in those areas, where neuroradiology services are either missing or are not able to cover 24/7/365 service availability. The aim was to present the proposal for shorter training requirements for those interventionalists, having previous experience with elective carotid interventions.

L.N. Hopkins (neurosurgeon from Buffalo, US) presented the current training requirements for endovascular interventions in stroke as



NATIONAL CONSENSUS for Mechanical Thrombectomy in Acute Ischemic Stroke

At the initiative of
The Bulgarian Society
of Endovascular Therapy



НАЦИОНАЛЕН КОНСЕНСУС за механична тромбектомия при остър исхемичен мозъчен инсулт

По инициатива на
Българското дружество
по ендоваскуларна терапия

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по ендоваскуларна терапия
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и интензивно лечение

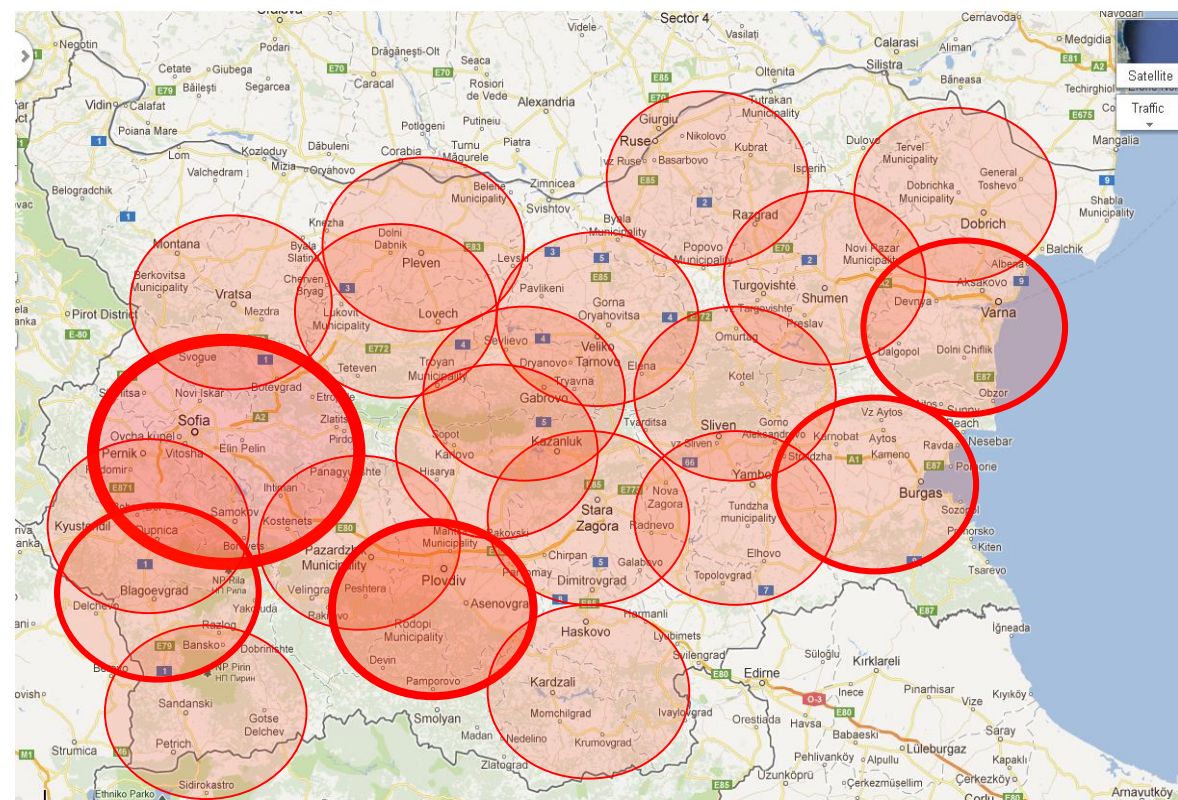
Проф. К. Гуров, г.м.
Национален консултант по съдова хирургия
и член на Управителния съвет на Българското
национално дружество по съдова
и ендоваскуларна хирургия и ангиология

Проф. А. Постаджиян, г.м.
Председател на Дружеството

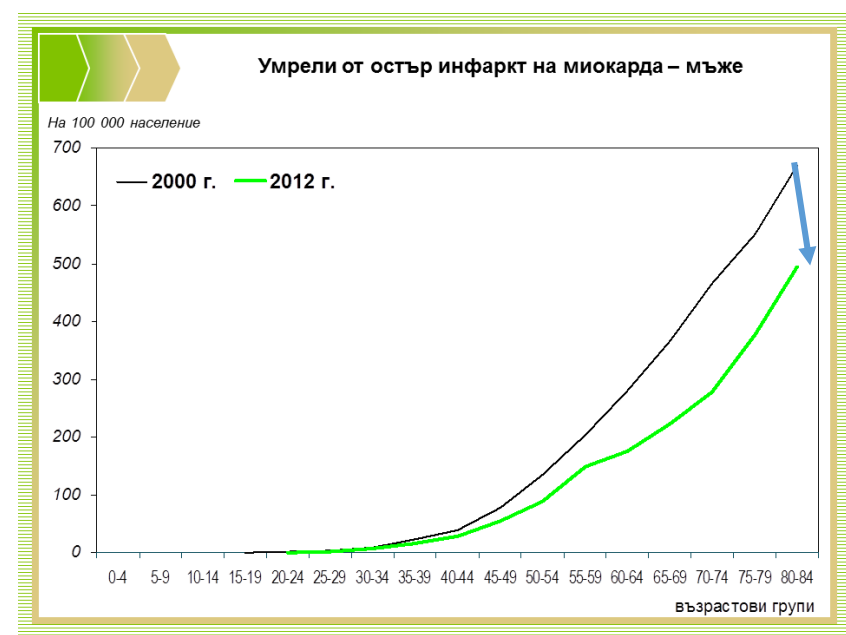


Bulgaria. pPCI coverage After ESC “Stent for life” initiative implementation

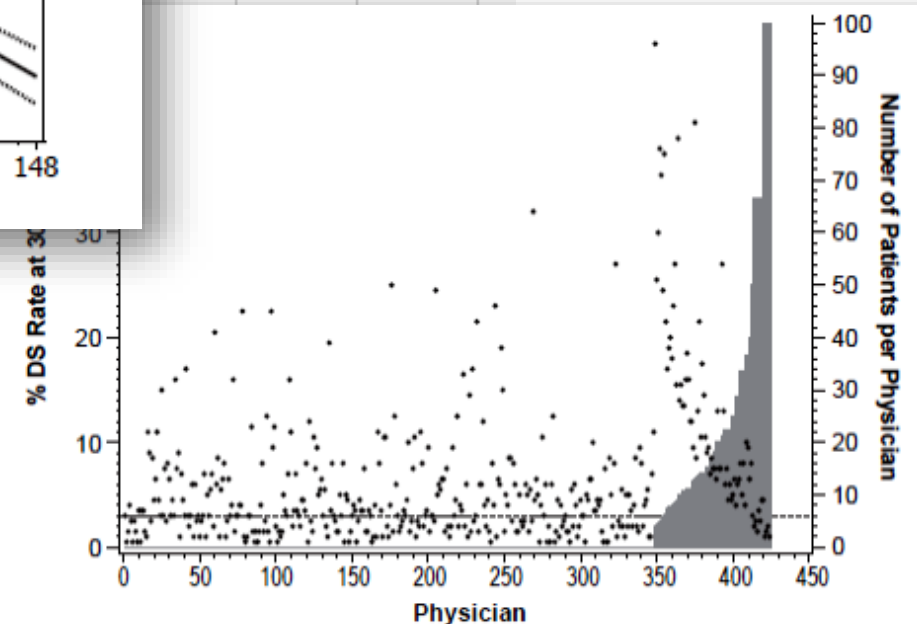
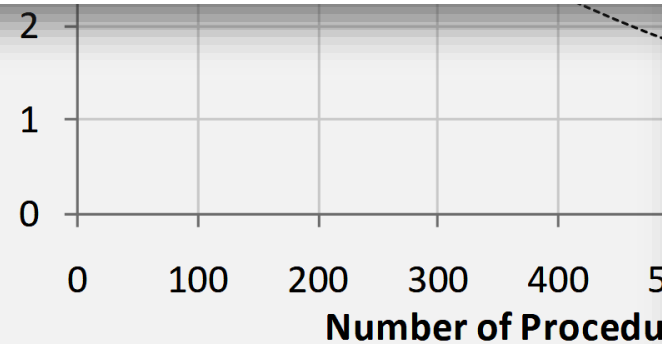
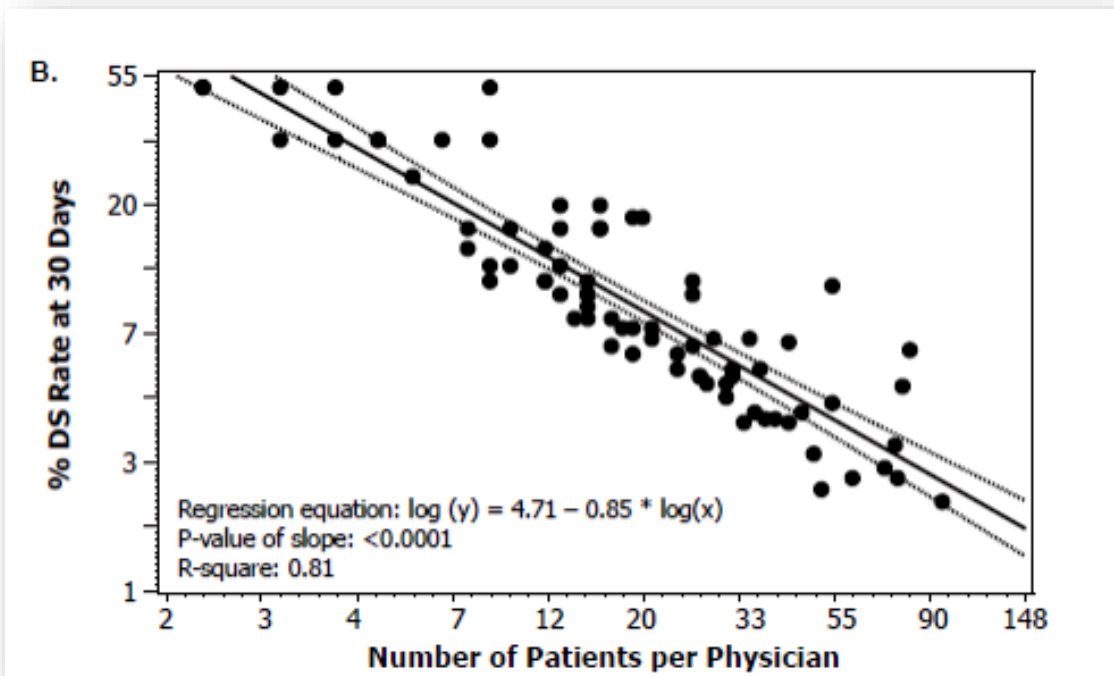
2017



Stent for life experience
STEMI mortality reduction:



Importance of Experience



Gray et al: JACC Interv 2011

Smout J, Macdonald S, Stansby G International Journal of Stroke. Vol5, Dec 2010: 477-482

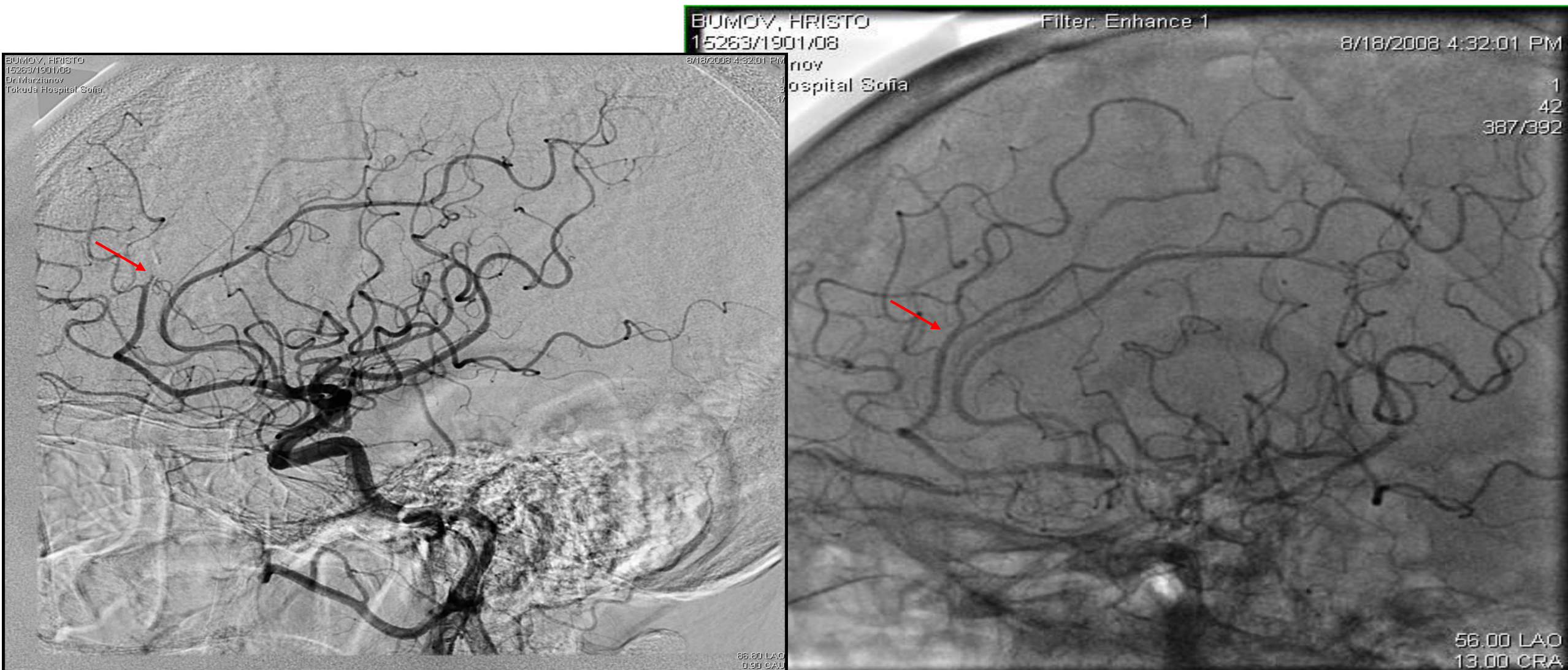
Parameter	Distribution
CT imaging at baseline	15 (83.3%)
MRI imaging at baseline	9 (50%)
Occlusion site	
MCA	10 (55.6%)
ICA (2 high-grade stenosis and 1 T-occlusion)	3 (16.7%)
Basilar artery	2 (11.1%)
Vertebral artery	1 (5.6%)
Anterior cerebral artery	1 (5.6%)
Pericallosal artery	1 (5.6%)
Onset-to-needle time (min) – mean ± SD	187 ± 112
Groin puncture-to-recanalization time (min) - mean ± SD	68,6 ± 14.3
Onset-to-TICI 2b/3 recanalization time (min) - mean ± SD	255 + 113
Intravenous thrombolysis	7 (38.9%)
Penumbra system (PS) mechanical thromboaspiration (A-method)	4 (22.2%)
PS, balloon PTA and low-dose supraselective intra-arterial thrombolysis (B-method)	4 (22.2%)
Wire manipulation, balloon PTA and low-dose supraselective intra-arterial thrombolysis (C-method)	5 (27.8%)
Supraselective intra-arterial thrombolysis (D-method)	5 (27.8%)
ICA stenting	2 (11.1%)
TICI 2b-3 flow	4+9 (72.3%)

EVT Stroke team
4 neurologists
2 neuroimaging specialists
3 interventional cardioangiologists
12 anaesthesiologists
2 cathlabs/24 hrs

Reocclusions after EVT and Device related complications	0 (0%)
Symptomatic ICH	2 (11.1%)
Asymptomatic ICH	1 (5.6%)
Minor systemic bleeding	3 (16.7%)
NIHSS final - mean ± SD	8.7 ± 7.2
mRS 0-2 at 90 days	9 (50%)
Mortality at 3 months	1 (5.6%)



First ever mechanical recanalization of stroke related artery
2004 in Bulgaria. Performed by a cardiologist.



Clinical case

Variables/ Parameters	Pt No 1, V
Age (years) / Gender	54 y/o, man
NIHSS Pretreatment	15
Initial mRS	5
Initial CT / MRI imaging	CT, CT-A
Acute occlusion site	Left extracranial ICA
Stroke etiology	Cardioembolic
	Wake-up Stroke 2 nd Postoperative day
Patient Diseases	IHD, Triple Vessel Cardiac Disease, STEMI, AH 3, DM 2 TYPE, ACB x 4
Average time from onset to groin puncture (h)	Unknown (<6 h)
Average time to TICI 2b/3 recanalization (min)	
Final TICI result	TICI 3
NIHSS at discharge (* dif)	5 (12 DAY)
mRS on discharge	3
mRS, 90 day	1
Device related complications	No
Device tips and tricks	
Symptomatic ICH	No
Mortality	No



Background of WUS

- **Wake-up stroke** is a condition, **affecting** \approx **8-25%** of patients with stroke.
- **It is a distinct but underprivileged subgroup** of patients with stroke.
- **a challenge** to acute stroke treatment
- Since the time window is unknown, the majority of patients with WUS are excluded from reperfusion treatment with IV thrombolysis or EVT.
- However, **a relevant number of these patients might benefit** from reperfusion treatment.
- There are some **brain imaging concepts guiding the reperfusion treatment** in patients with unknown time of symptom onset.
- Thrombolysis in selected patients with WUIS is feasible, and its outcomes are comparable with those thrombolysed with 0 to 4.5 hours.
- There are **limited data** on the risks and benefits of reperfusion therapies for WUS.

Treatment Concepts for Wake-Up Stroke and Stroke With Unknown Time of Symptom Onset. [G.Thomalla](#), [C. Gerloff](#). *Stroke*. 2015;46:9 2707-2713

Reperfusion Therapies for Wake-Up Stroke. Systematic Review. [Deborah Buck](#), [Lisa C. Shaw](#), [Christopher I. Price](#), [Gary A. Ford](#), B Chir. *Stroke*. 2014;45:6 1869-1875.

Wake-up stroke: clinical characteristics, imaging findings, and treatment option – an update. *D. Leander Rimmele, G.Thomalla. Frontiers in Neurology*. March 2014; Vol 5; Article 35: 1-7.

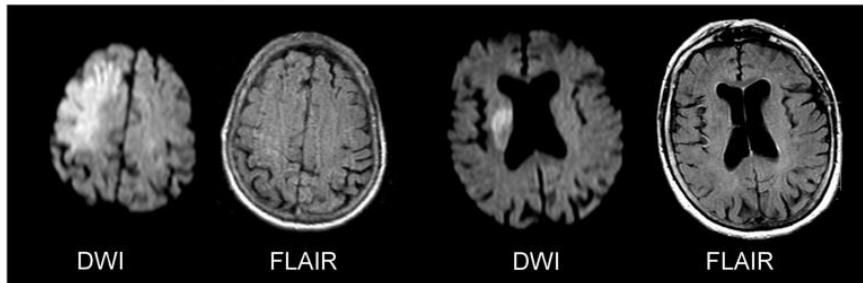


Neuroimaging

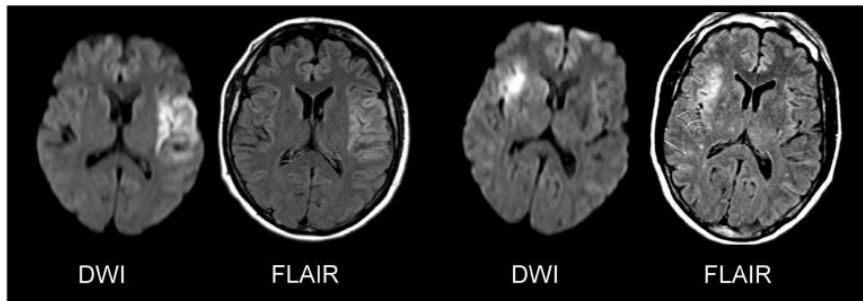
T2W Imaging failed to detect acute ischemia until about 2–3 h of stroke;

DWI-FLAIR-mismatch was shown to identify patients within 3–4.5 h with high specificity and positive predicted value (PPV);

DWI-FLAIR-mismatch



No DWI-FLAIR-mismatch

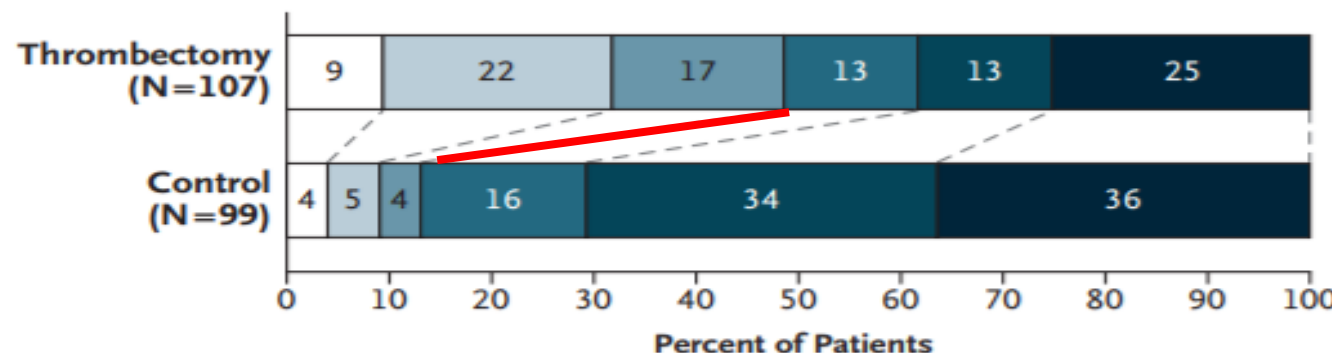


- In large multicenter studies (PRE-FLAIR:PRE-predictive value of FLAIR and DWI for the identification of acute ischemic stroke patients 3 and 4.5 h of symptom onset—a multicenter study including 643 patients (*Lancet Neurol* (2011) **10**:978–86.).
- The specificity of the DWI-FLAIR-mismatch to identify patients within the time frame of 4.5h was in this study 0.81 and the PPV 0.87.

D. Leander Rimmele, G.Thomalla. *Frontiers in Neurology*. 2014; Vol 5; Art35: 1-7.



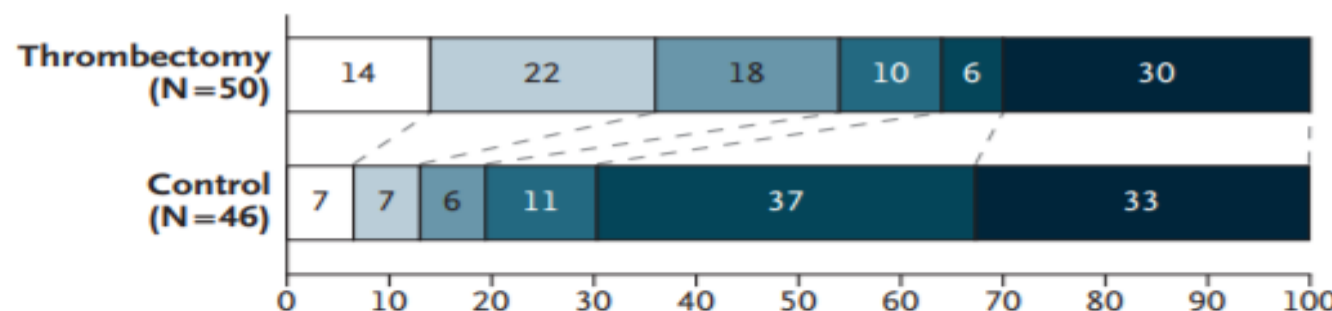
DAWN: Thrombectomy Effective Up to 24 Hours After Stroke



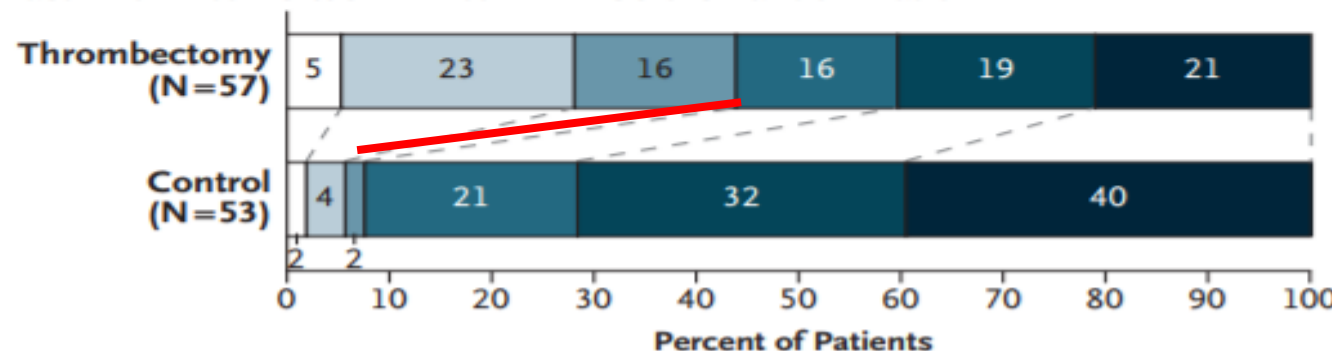
omy	Posterior Probability	
	Benefit	Heterogeneity
(1.1 to 3.0)	>0.99	0.47
(0.3 to 4.2)	0.99	
(0.6 to 2.9)	>0.99	0.14
(-0.6 to 5.5)	0.95	
(0.2 to 3.2)	0.99	0.42
(1.3 to 4.0)	>0.99	
(0.8 to 2.8)	>0.99	0.71
(0.3 to 4.2)	0.99	
(1.0 to 3.7)	>0.99	0.77
(0.6 to 3.1)	>0.99	
(0.8 to 5.2)	>0.99	0.21
(0.9 to 3.1)	>0.99	
(1.0 to 3.6)	>0.99	0.22
(0.5 to 5.9)	0.99	
(-0.5 to 3.2)	0.93	0.70
(0.4 to 3.4)	>0.99	
(1.1 to 3.6)	>0.99	
(0.9 to 3.2)	>0.99	
(0.8 to 3.9)	>0.99	

B Subgroups According to Time of Stroke Onset

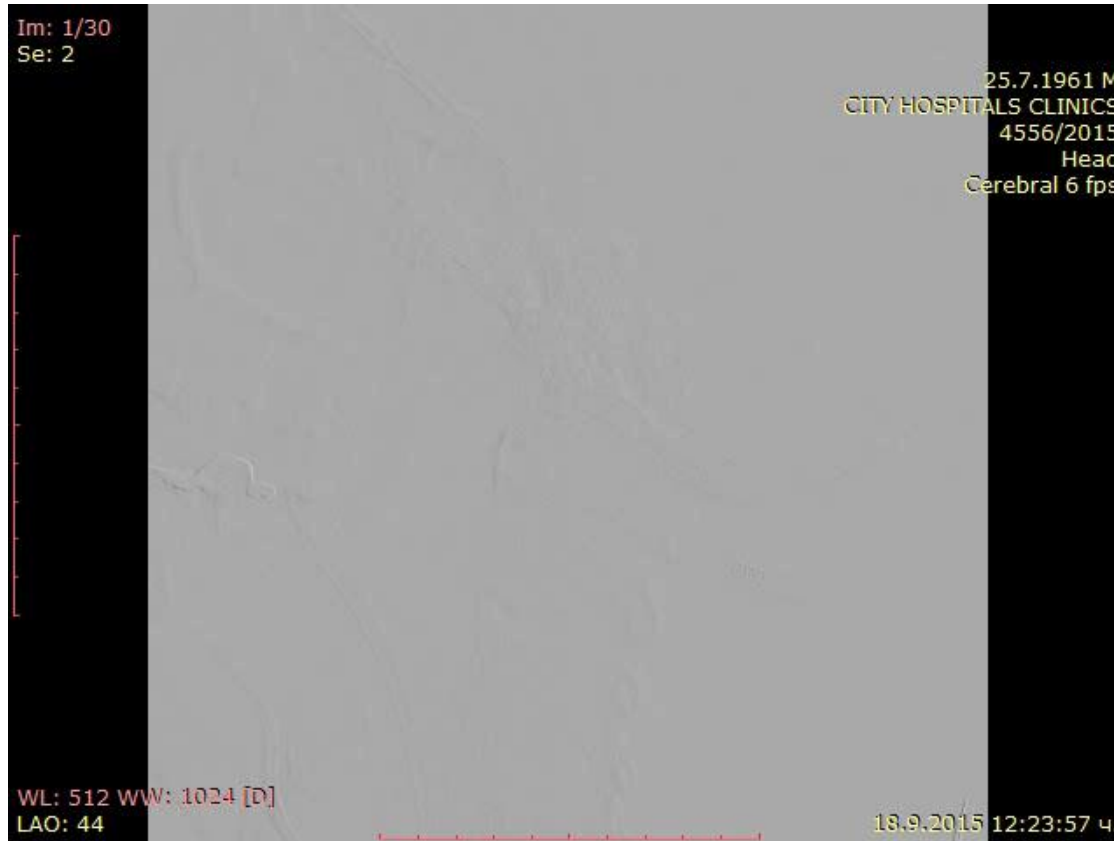
Last Known to Be Well 6 to 12 Hr before Randomization



Last Known to Be Well >12 to 24 Hr before Randomization



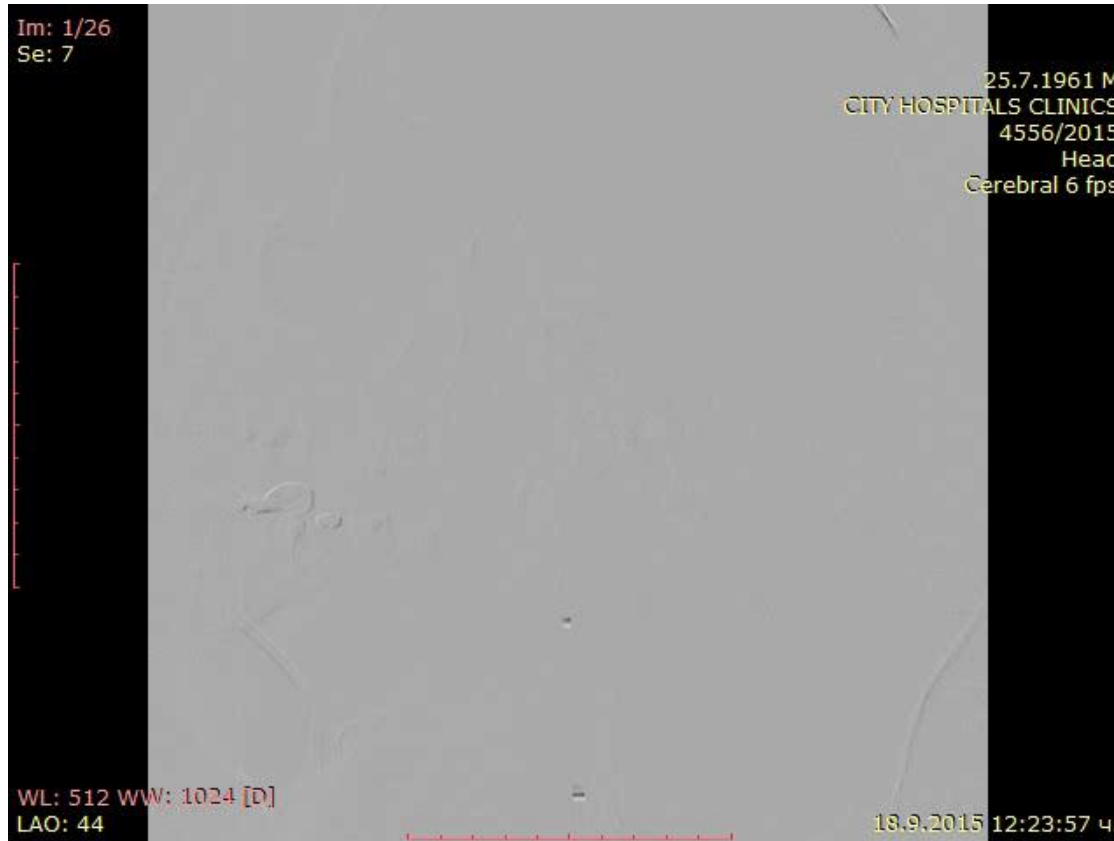
Interventional EV Procedure



- A selective cannulation of LCCA with 6 Fr catheter Benchmark was performed, followed by introduction of ACE catheter in proximal part of ICA.
- Over a 0,014" wire catheter Neuron 3MAX as placed proximal to the occlusion.
- Selective thromboaspiration was performed with Penumbra aspiration system.
- Post aspirational angiography reveals no residual thrombosis with excellent angiographic result, TICI score 3.



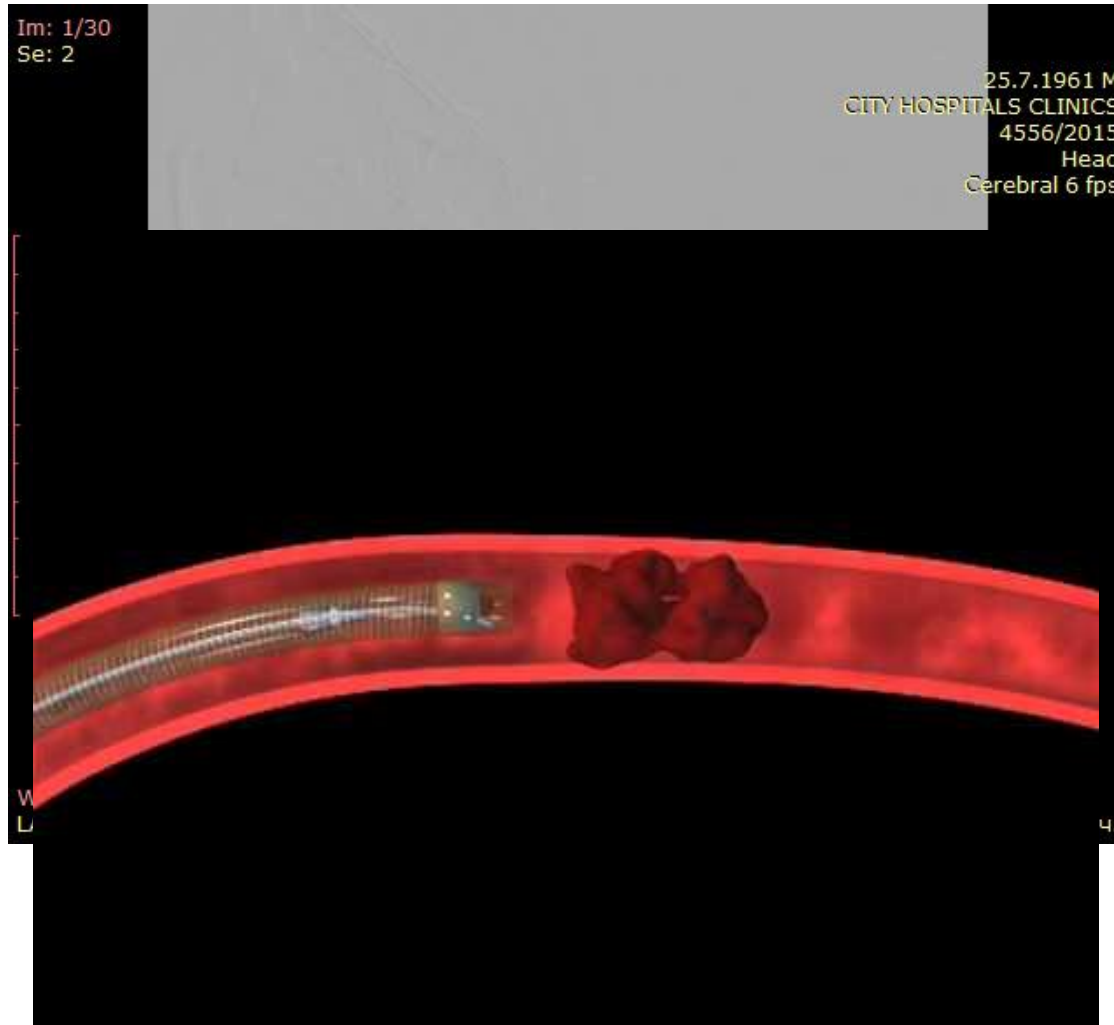
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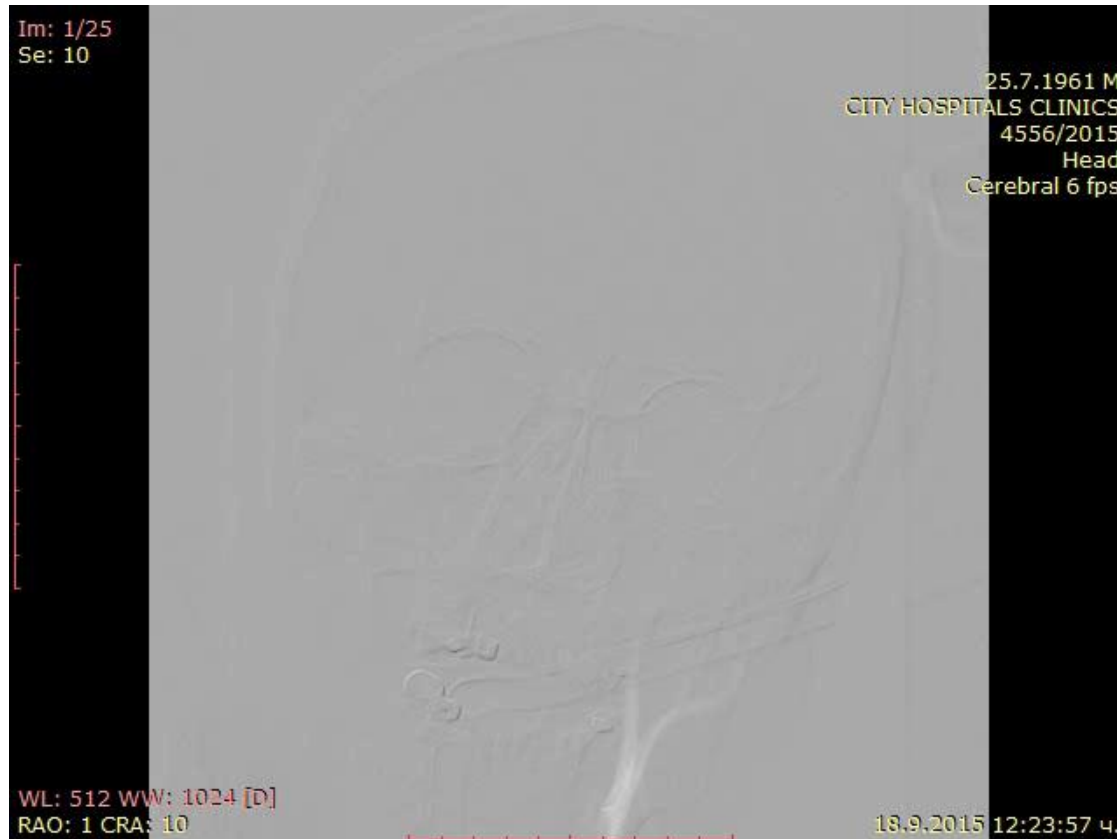
Interventional EV Procedure



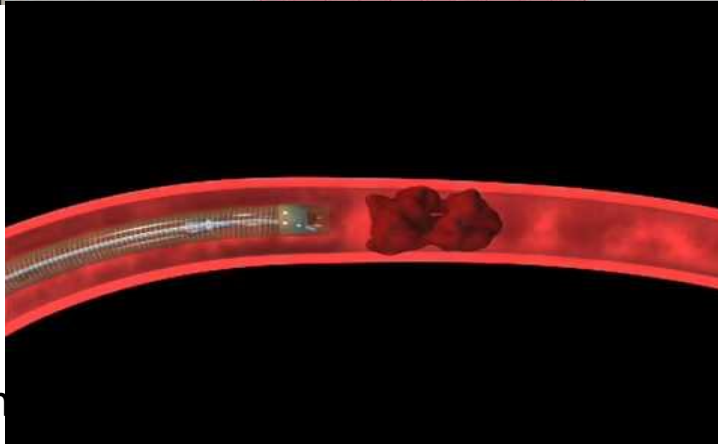
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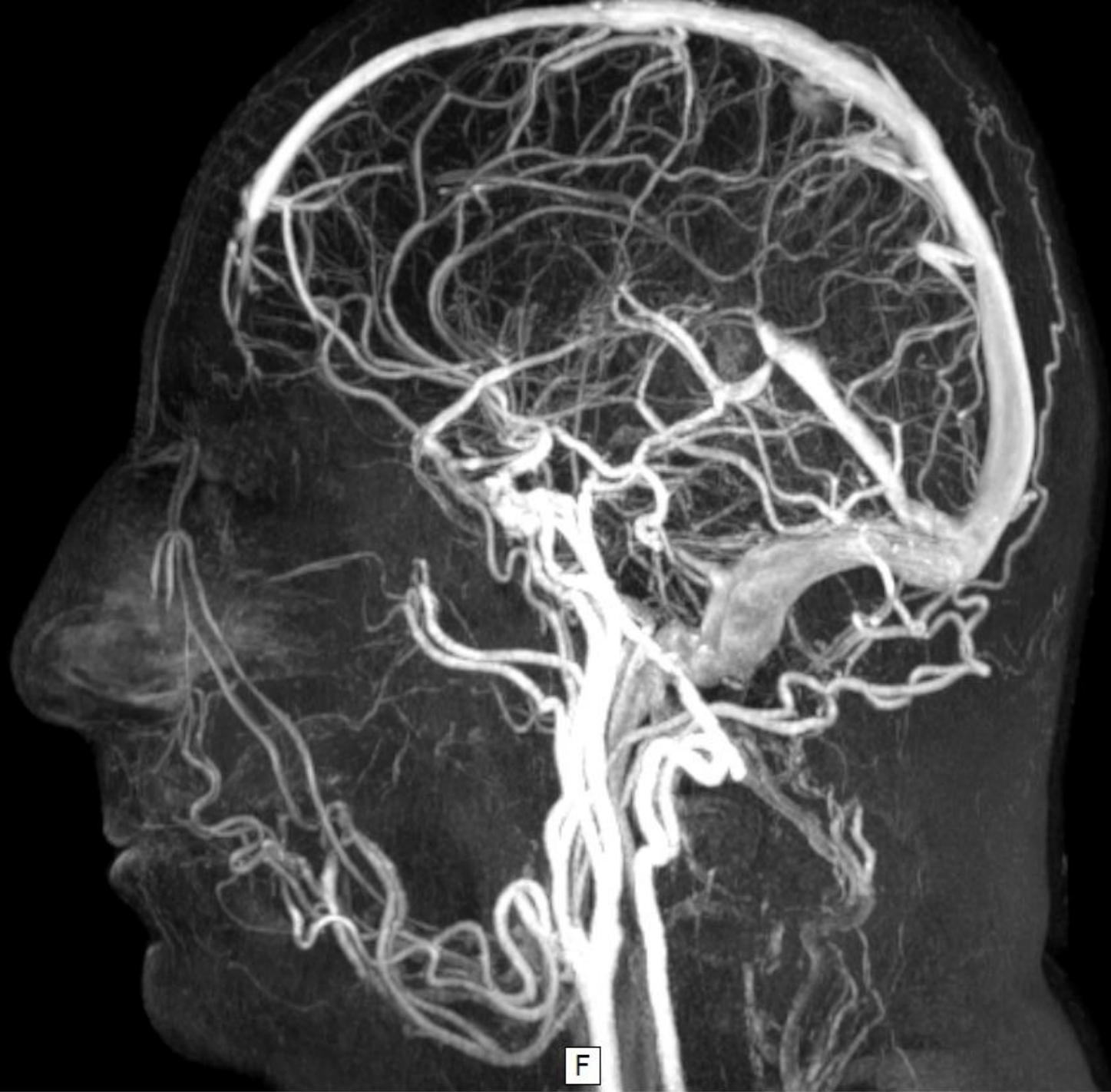
Outcome

- The patient was discharged on the 12th post procedural day;
- The neurologic examination on the day the discharge reveals no motor deficit only persisting sensory aphasia. NIHSS = 5; mRS = 3
- 90 day mRS = 1

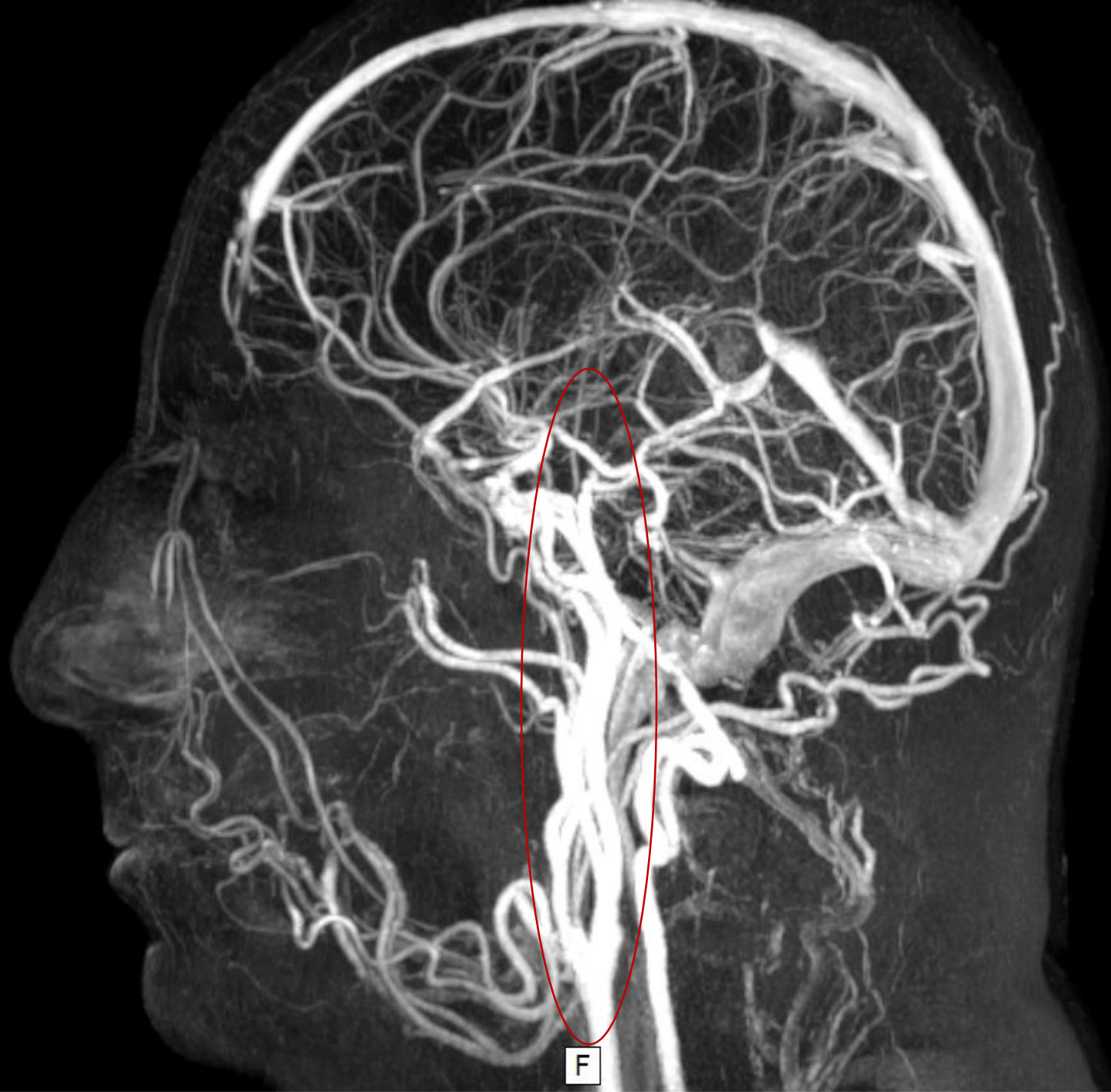


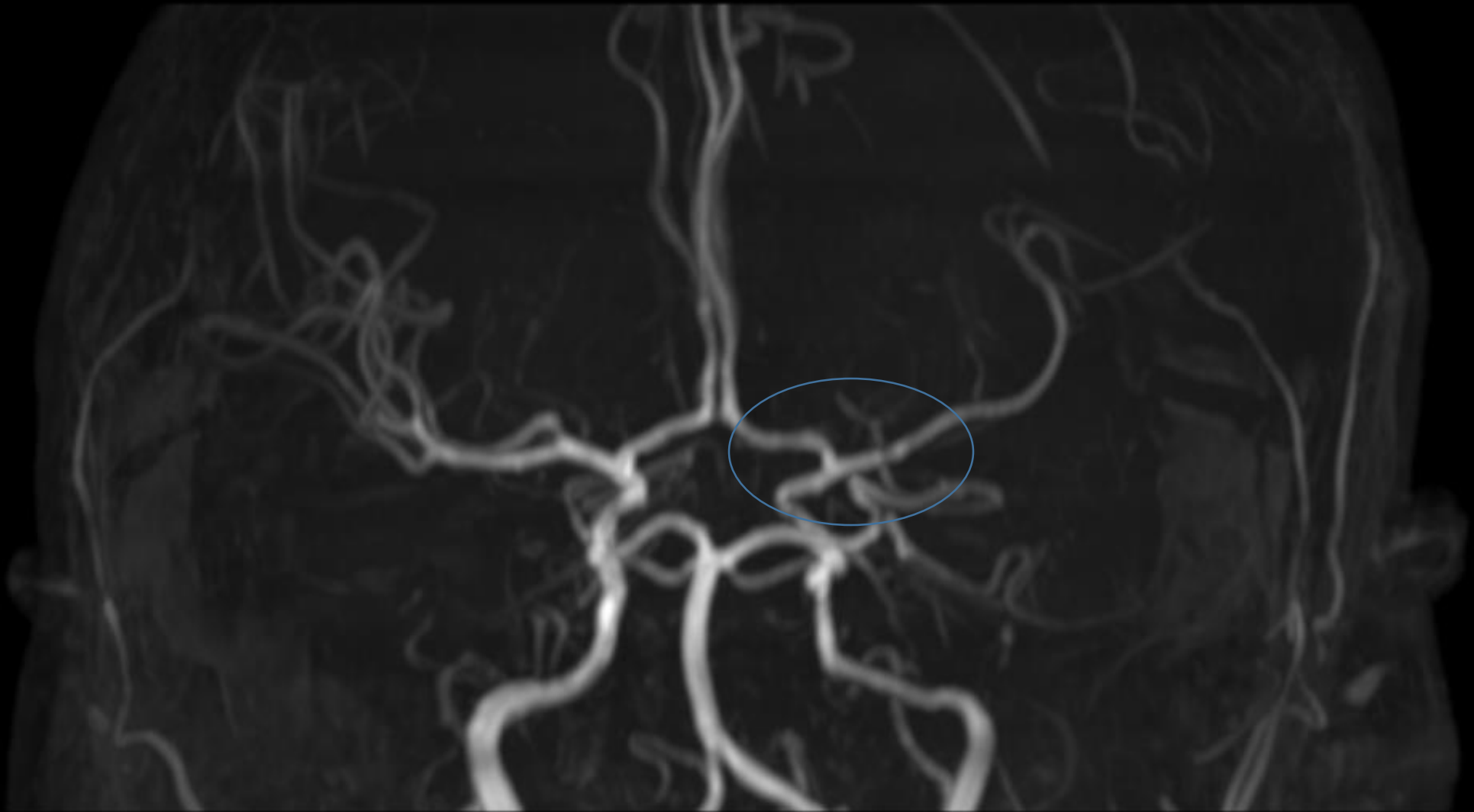
Control MRT on 27.04.2017 more than 6 month after stroke





F





Case II

Gender: male, 66y., late acute stroke comer (Aphasic and left side hemiplegic since 23 hours, Systemic thrombolysis resulted ineffective)

NIHSS= 18 (Major stroke)

Concomitant disease:

- 2 vessel coronary disease, history of LAD PCI, 6 y. before
- Arterial hypertension II grade, dyslipidemia, smoker

Vascular access: *Right femoral artery, Shuttle sheath 6F*

Target carotid artery: LICA- nearly full thrombosis

Primary distal protection system: Spider 5.0 after recanalization with coronary microcatheter and distal confirmation

Implanted stent:

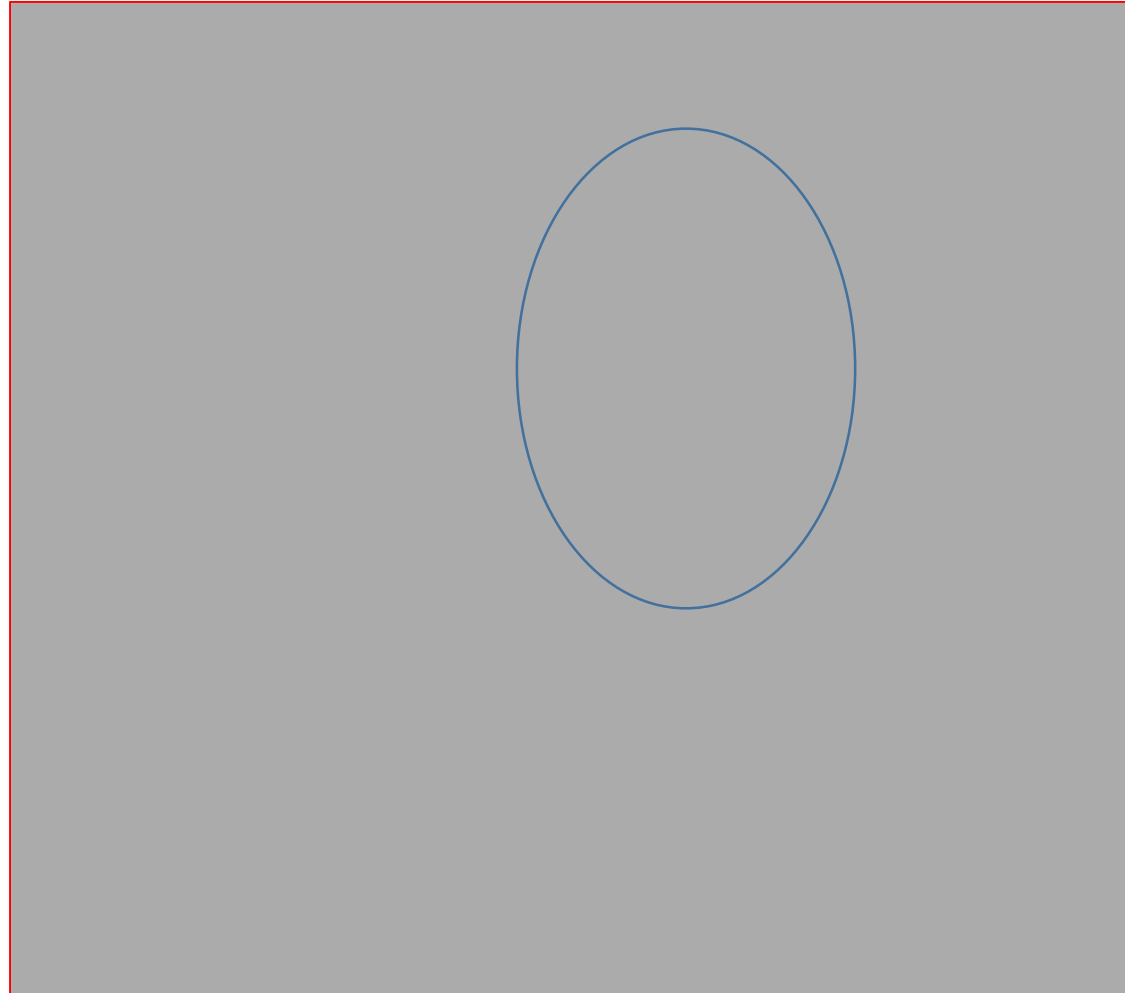
After predilatation Tapered X-Act 8-6/40mm.

Postdilatation:

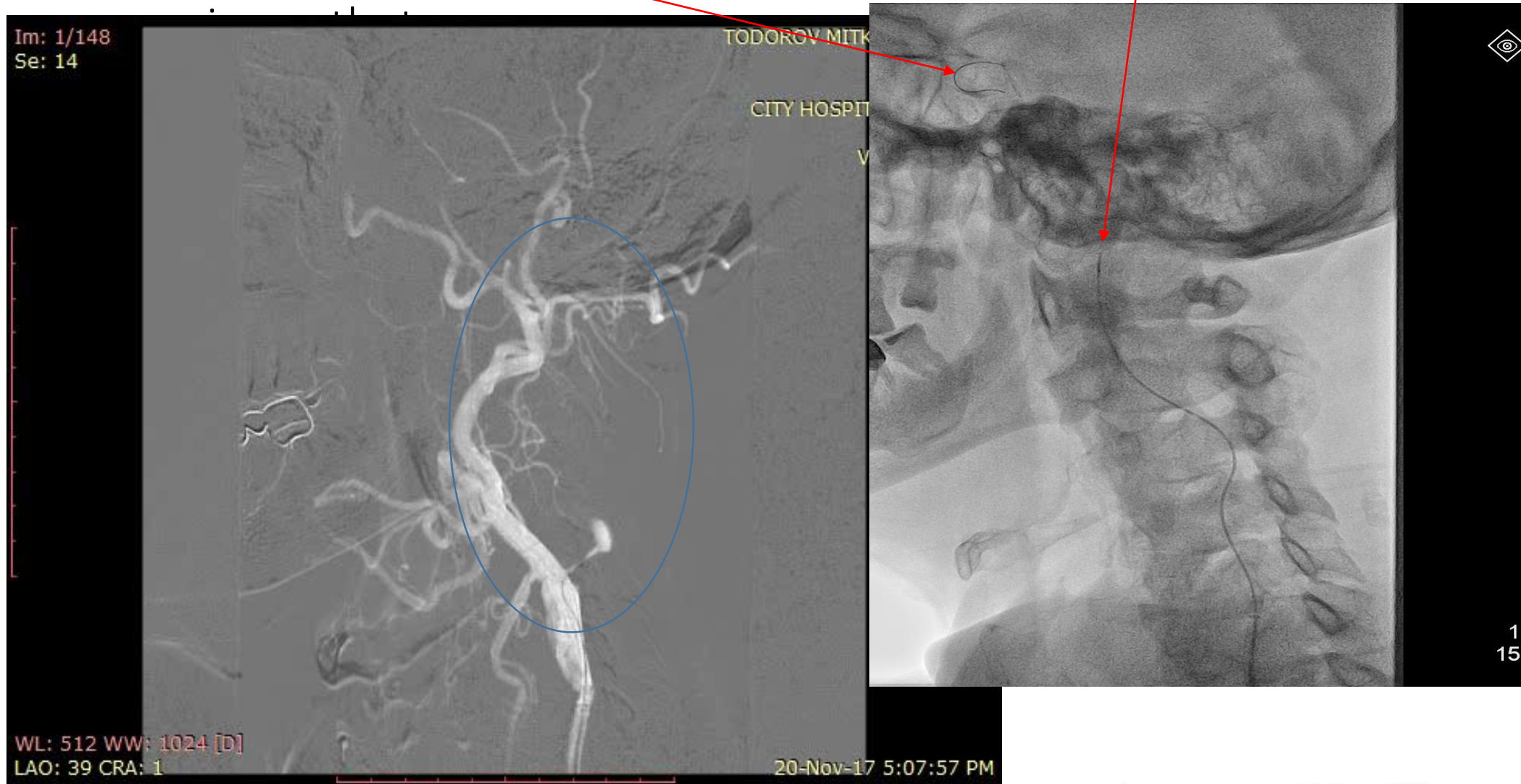
Double protection (thrombus containing lesion) + balloon Paladin 5.0/20 mm.



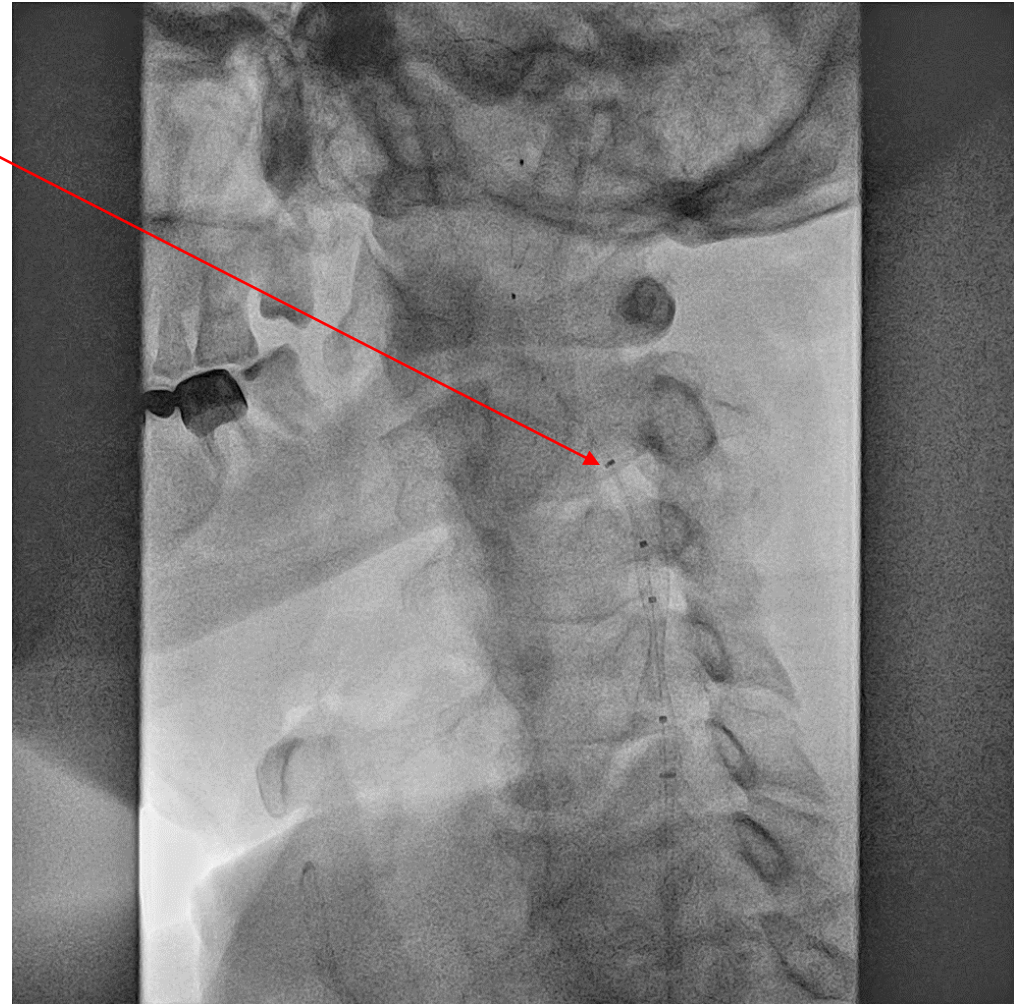
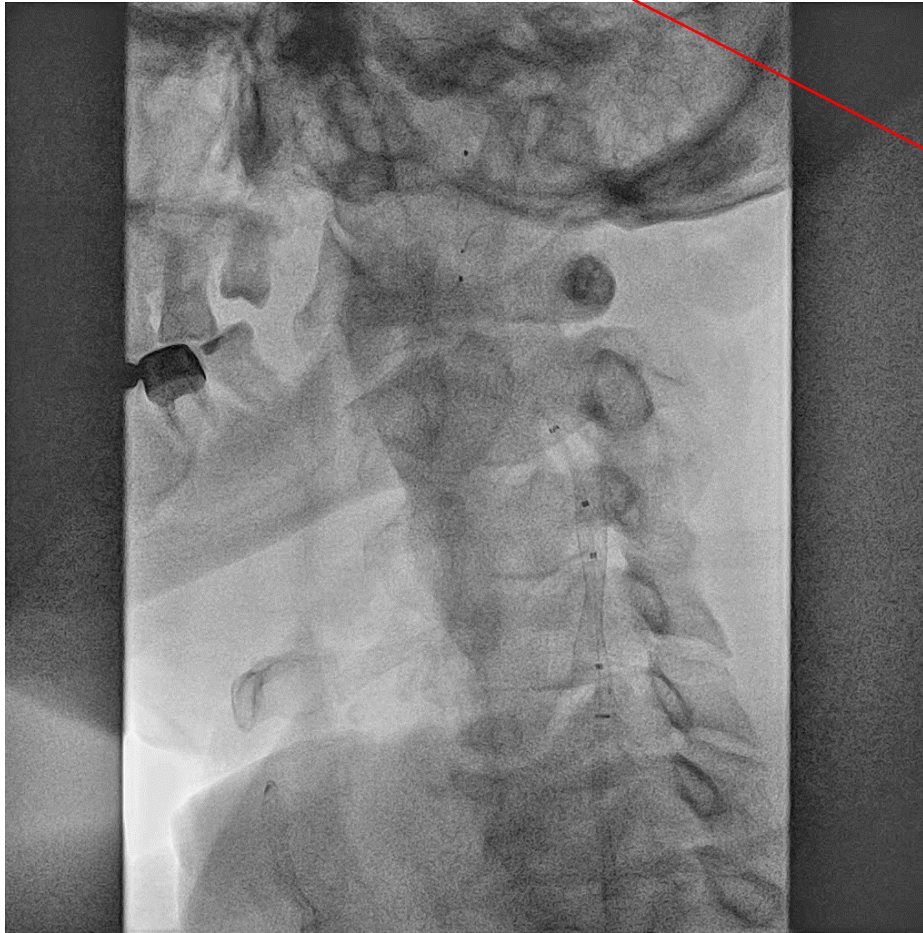
LICA near occlusion (subacute thrombosis)

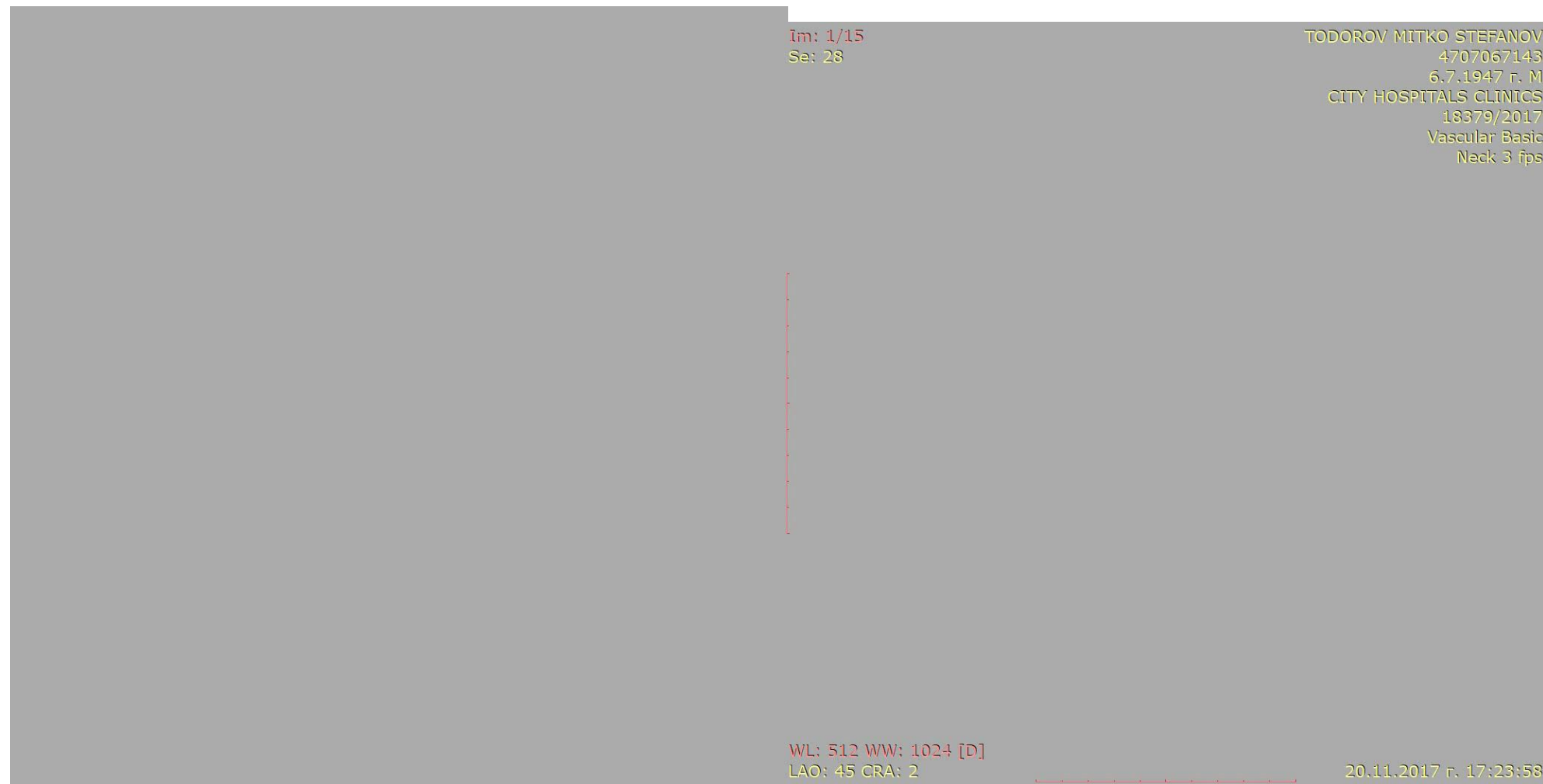


.014 Runthrough Hypercoat supported by FineCross



“Double filter” protection (thrombus containing lesion)
postdilation Paladin (Contego) 5.0/20mm:





Im: 1/15
Se: 28

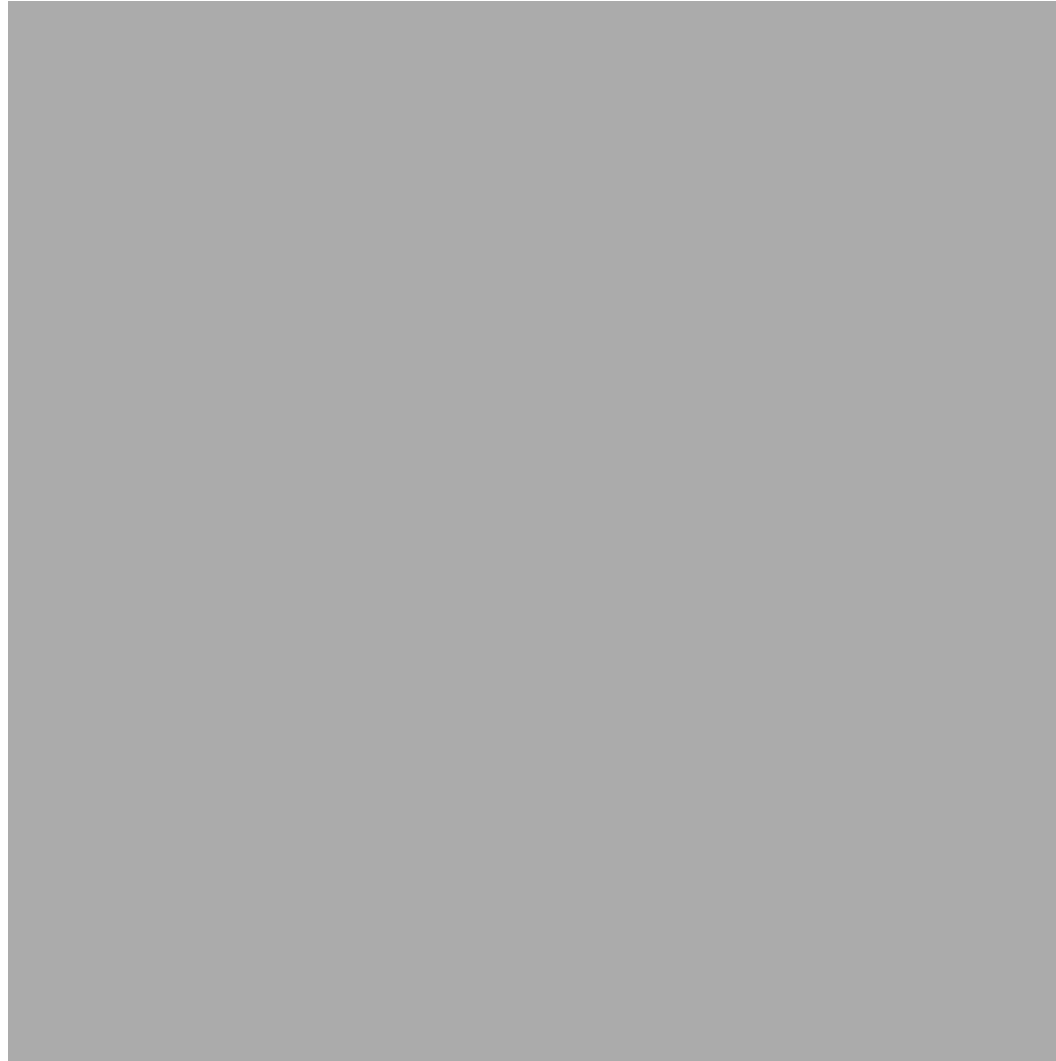
TODOROV MITKO STEFANOV
4707067143
6.7.1947 г. М
CITY HOSPITALS CLINICS
18379/2017
Vascular Basic
Neck 3 fps

WL: 512 WW: 1024 [D]
LAO: 45 CRA: 2

20.11.2017 г. 17:23:58



TICI-III flow with
normalized
parenchymal
phase



Clinical course

- Speech restored immediately after intervention
- NIHSS= 4 at 30 days after (mild right hemiparesis and hemihypoesthesia)



17years girl 3 days after open heart ASD plasty

Doncheva, Stanislava Nikolaeva

ID: 20190308/513

* 10.05.2001 , F

Study 8.0.44358849

08.03.2019

13:10:37

510000 IMA 24 FRM 12

National Cardiology Hospital

Ref.: ,,,

DFP-8000D



Coronary /Carotid
SINGLE PLANE/DSA/ACQ
CRA 3
RAC 24



W: 255

C: 128

ACI

Doncheva, Stanislava Nikolaeva

ID: 20190308/513

* 10.05.2001 , F

Study 8.0.44358849

08.03.2019

13:58:03

1010000 IMA 19 FRM 9

National Cardiology Hospital

Ref.: ,,,,

DFP-8000D



Coronary /Carotid

SINGLE PLANE\DSA\ACQ

CRA 3

RAO 23

W: 255

C: 128

petr

Discussion (1)

- Pathophysiologic and anatomic similarities between acute MI and cerebral stroke
- Majority of endovascular methods to recanalize culprit artery require skills very close to skills necessary for pPCI (tortuous vessels navigation, wires and catheters manipulation, thromb aspiration, interventions under fluoroscopic control) interventional cardiologists are familiar
- Primary PCI programs are very well established on international level and huge number of interventional cardiologists all over the world are 24/7 available
- Majority of patients with stroke require strict hemodynamic assessment and cardiology evaluation (1/3d of strokes are cardio-embolic)



Discussion (2)

- Currently, neurointerventionists on an average, perform 8 stroke interventions per year(1).
- Cardiologists are familiar and apply on daily basis different totally percutaneous low profile approaches (femoral, radial, brachial) facilitating the endovascular stroke treatment and reducing vascular complications

1. Meyers PM, Schumacher HC, Connolly Jr ES, et al. Current. status of endovascular stroke treatment. Circulation. 2011;123(22):2591-2601.

2. Widimsky P. Feasibility and safety of direct catheter-based thrombectomy in PRAGUE-16. August 27, 2016. Rome, Italy; 2016.

3. Kilic ID, Goktekin O. The current status of endovascular treatment for acute ischaemic stroke. EuroIntervention. 2016, 12(2). [Editorial].



Conclusions

- Training guidelines for stroke interventionalists will need to be established by interdisciplinary cooperation and consensus.
- Target groups for training in stroke EVT have to be among all specialties dealing with carotid interventions such as: vascular surgeons, interventional radiologists, neuroradiologists, neurosurgeons, interventional cardiologists
- Only working together, braking prejudices and old boundaries will lead us to the right way in treatment of stroke
- The successful model of STEMI network and telemedicine is probably the key for success in reducing the devastating natural outcomes of stroke worldwide





धन्यवाद



धन्यवाद

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